

Play GRAPEVINE

PARKS AND RECREATION ACTIVITIES GUIDE



DISCOVER THE REC

Indoor-outdoor waterslides, state-of-the-art fitness equipment, community event hall and more! Grapevine Parks and Recreation is ready to unveil The REC, which features 108,000 sq ft of something for everyone. **PAGE 2-3**

KEEP CALM AND CAMP!

We're molding young adults into leaders at this fun-filled summer C.A.M.P (Character Awareness while Motivating young People) that includes trips to DFW entertainment destinations and weekly community service projects. **PAGE 37**







108,000 SQUARE FEET OF AWESOME.

AQUATICS

Roughly 175,000 gallons of water will circulate for pure aquatics fun. New features are a large slide tower offering two different ride experiences, zero depth entry kids zone with climbing area, lazy river and lap lanes for aquatics fitness and exercise! The aquatics area also includes an abundance of seating and lounge space throughout, men's and women's locker rooms, and a family changing area.

FITNESS

Our fitness area will expand from 2,000 square feet to 7,000+ square feet. Boasting new, state-of-the-art equipment, multiple exercise rooms for fitness classes, private fitness assessment rooms, and an updated elevated walking track.

COMMUNITY

Exciting new features that everyone can enjoy include an indoor children's themed playground, a dedicated childcare room, dedicated birthday party rental rooms and an events hall.

55 & BETTER

Our current Senior Activities Center will also blend in to the multi-generational recreation center with a kitchen and a lunchroom area that doubles as a community room/event hall. Lounge areas, fireplace, computer lab and other classroom space are added amenities.



**FAMILY PASSES AS LOW AS
\$4.17/PERSON A MONTH***

*Annual family pass - family of 6.



OUR MISSION

To enhance the quality of life of the citizens of Grapevine, through the stewardship of our natural resources and the responsive provision of quality leisure opportunities.

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Vineyardscampground.com

MEADOWMERE PARK

817.488.5272

ROCKLEDGE PARK

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GRAPEVINE CITY COUNCIL

William D Tate, Mayor
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Sharron Spencer
Darlene Freed
Mike Lease
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PARKS & RECREATION ADVISORY BOARD

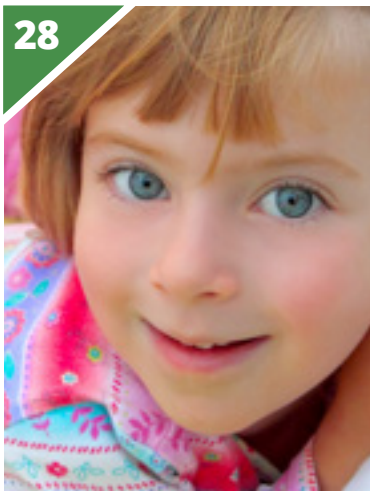
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For additional information, visit TheREC.com



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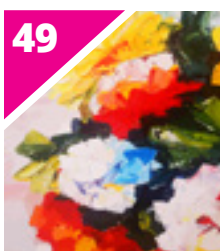
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DIRECTOR'S WELCOME



Kevin Mitchell

Director
Grapevine Parks and Recreation
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W

e are very excited to present to you the new and improved Grapevine Parks and Recreation activities publication called PLAY GRAPEVINE!

Our new PLAY GRAPEVINE publication comes chock-full of exciting new activities, programs, and features that read more like a magazine than a program guide.

We also hope that you and your family are well aware of our new multi-generational recreation center called The REC of Grapevine. We encourage EVERYONE to take advantage of all the features, amenities, and programs that The REC of Grapevine has to offer, including the expanded weight/cardio area, indoor children's themed playground, dedicated childcare room, large water slide tower, lap lanes for aquatics fitness and exercise, family changing areas, 55 & Better recreation area furnished with a kitchen, lunchroom, computer lab, and plenty of seating and lounge space throughout the building. Did I mention the lazy river and elevated walking track?

In addition to The REC of Grapevine, we invite you to enhance your quality-of-life by visiting any of our 38 parks, experience our 30 miles of hike and bike trails or visit Lake Grapevine with over 900 acres of park land.

At any time, if you have a question or suggestion about a program or an amenity, please feel free to approach one of our friendly Parks and Recreation staff members.

Thank you for your continued support of the Grapevine Parks and Recreation Department!

As a reminder, to keep up with Parks & Recreation news, special events and opportunities to enter our social media contests throughout the year, be sure to LIKE us on Facebook & FOLLOW us on Twitter and Instagram @PlayGrapevine.

PLAY OFTEN – PLAY GRAPEVINE!

Warm Regards,

Kevin Mitchell

Kevin Mitchell, Director
Grapevine Parks and Recreation

Parks provide intrinsic environmental, aesthetic and recreation benefits to our cities. They are also a source of positive economic benefits. They enhance property values, increase municipal revenue, bring in homebuyers and workers, and attract retirees."

— AMERICAN PLANNING ASSOCIATION

ECONOMIC IMPACT

PARKS AND RECREATION



REVENUE GENERATOR

A greenbelt in Boulder, Colo., that helped to increase the value of surrounding homes by approximately \$5.4 million was shown to potentially generate \$500,000 annually in property tax revenue for the neighborhood.



BRINGING IN THE BUSINESS

Quality parks and recreation are cited as one of the top three reasons that business cite in relocation decisions in a number of studies.



WELCOME HOME

The National Association of Home Builders found that 65 percent of home shoppers surveyed felt that parks would seriously influence them to move to a community.



A-LOT OF POSITIVES

Value increase to homes located within 1,500 feet of the following types of parks according to the American Planning Association:

- Natural Areas: \$10,648
- Golf Courses: \$8,849
- Specialty Parks: \$5,657
- Urban Parks: \$1,214



HEALTH BENEFITS

Active Living highlighted a Nebraska study which found that for every \$1 spent on trails, there was almost \$3 in savings in direct medical costs.



PREMIUM ON PARKS

A survey by the National Association of Realtors (NAR) revealed that 50 percent of voters would pay 10 percent more for a house located near a park or protected open space.



WANTING TO SEE GREEN

A study in Active Living Research estimated that the average household living half a mile from open space would be willing to pay \$4,104 more for a home to live a quarter mile closer to the open space.

COMING FOR THE PARKS

In a study by Miller et al., a retiree sample was asked to review 14 features and indicate their importance in the decision to move. The first two in rank order were scenic beauty and recreational opportunities.

Host your next event with us!

ROOM RENTALS:

Enjoy The REC experience by hosting your next event with us! Minimum two (2) hours per rental. Rental cancellation must be made within 14 days to receive full refund.

For additional information on any rental, please contact Michelle Caro at mcaro@grapevinetexas.gov or at 817.410.3455.	Facility Capacity	Member Hourly Fee	After Hours Member Hourly Fee	Non-Member Hourly Fee	After Hours Non-Member Hourly Fee	2-hour Rental Minimum
THE REC OF GRAPEVINE						
Arts & Crafts Room	40	\$45.00	-	\$55.00	-	Y
Stage/Classroom	40	\$45.00	-	\$55.00	-	Y
Conference Room	20	\$45.00	-	\$55.00	-	Y
Dance Room	30	\$45.00	-	\$55.00	-	Y
Exercise Studio A	50	\$55.00	-	\$65.00	-	Y
Exercise Studio B	30	\$45.00	-	\$55.00	-	Y
Exercise Studio C	30	\$45.00	-	\$55.00	-	Y
Basketball Court*	1/2 Court	\$55.00	-	\$65.00	-	-
*After-hour court rental includes both courts.	Full Court	\$100.00	\$125.00	\$110.00	\$175.00	-
The REC - Dry	200	-	\$250.00	-	\$300.00	Y
The REC - Dry/Wet*	300	-	\$500.00	-	\$550.00	Y
*For each additional 50 guests, a \$25 hourly fee will be charged.						
Events Hall A	90	\$75.00	-	\$100.00	-	Y
Events Hall B and Kitchen	90	\$100.00	-	\$125.00	-	Y
Events Halls A & B, Kitchen and Stage	200	\$200.00	\$250.00	\$250.00	\$300.00	Y
Indoor Party Rentals	Persons	Party Fee	*Additional Information			
Private Pool Party Rental Times: Fri & Sat: 6:30-8:30 PM						
Private Pool Party	75	\$400.00	Party Rooms A & B, Outside food allowed in party rooms only; Any parties larger than 150 guests must call coordinator for pricing.			
Private Pool Party	150	\$600.00				
Open Swim Party Rental Times: (School Year) Fri: 4:00-6:00 PM; Sat: 11:00 AM-1:00 PM, 1:30-3:30 PM, 4:00-6:00 PM; Sun: 1:30-3:30 PM, 4:00-6:00 PM (Summer) Mon-Fri: 11:00AM-1:00 PM, 1:30-3:30 PM, 4:00-6:00 PM; Sat: 11:00 AM-1:00 PM, 1:30-3:30 PM, 4:00-6:00 PM; Sun: 1:30-3:30 PM, 4:00-6:00 PM						
Open Swim Party*	12	\$175.00	Party room, 1 hr in pool, 1 assistant to help set/up and clean up; Outside food allowed in party room only; Parent must accompany children 8 and under in the water.			
Indoor Play Party Rental Times: Mon-Fri: 10:30 AM-12:30 PM, 4:00-6:00 PM; Sat: 10:30 AM-12:30 PM, 1:00-3:00 PM, 3:30-5:30 PM; Sun: 1:30-3:30PM, 4:00-6:00 PM						
Indoor Play Party*	12	\$150.00	Party room, 1 hr in indoor play structure OR gym, 1 assistant to help set/up and clean up; Outside food allowed in party room only.			
*For each additional guest, a \$10 fee per person will be charged; max 20-24 guests.						

Rent a Park Facility

Grapevine residents and non-residents may reserve outdoor pavilions at Parr Park, Dove Park, Bear Creek Park and Pickering Park. Trawick, Jackson and Meadowmere Park Pavilions are on Lake Grapevine and accommodate large parties.

For indoor facilities, the Bessie Mitchell Meeting Facility and Merlot Community Rooms are available for Grapevine residents and businesses only.

For information on these facilities, please call 817.410.3470.

Prices are as follows:

Weddings at Botanical Gardens

\$400/3 hrs (Grapevine residents only)
Grapevine residents (only) may reserve their wedding at the Botanical Gardens in Heritage Park. For more information, please call 817.410.3470.

SMALL PARK PAVILIONS

Dove Park Pavilion – North

(residents) \$30/3 hrs (\$10 each additional hr)
(non-residents) \$45/3 hrs (\$15 each additional hr)

Heritage Park Pavilion

(residents) \$30/3 hrs (\$10 each additional hr)
(non-residents) \$40/3 hrs (\$15 each additional hr)

Bear Creek Pavilion

(residents) \$30/3 hrs (\$10 each additional hr)
(non-residents) \$40/3 hrs (\$15 each additional hr)

Parr Park Playground Pavilion

(residents) \$45/3 hrs (\$15 each additional hr)
(non-residents) \$60/3 hrs (\$20 each additional hr)

Parr Park Sprayground Pavilion

(residents) \$45/ 3hrs (\$15 each additional hr)
(non-residents) \$60/3 hrs (\$20 each additional hr)

SPRAYGROUND CABANAS

3 at Dove park (A, B, C)

1 at Parr Park

(residents) \$45/3 hrs (\$15 each additional hr)
(non-residents) \$60/3 hrs (\$20 each additional hr)

LARGE PARK PAVILIONS

Parr Park Pavilion

(residents) \$100/3 hrs (\$20 each additional hr)
(non-residents) \$150/3 hrs (\$25 each additional hr)

Pickering Park Pavilion

(residents) \$100/3 hrs (\$20 each additional hr)
(non-residents) \$150/3 hrs (\$25 each additional hr)

Casey's Clubhouse Pavilion

North or South Cabana
(residents) \$45 or \$90 for both/exclusive use
(non-residents) \$60 or \$120 for both/exclusive use
Time Slots: 8:00-11:00 AM, 12:00-3:00 PM, 4:00-7:00 PM

LAKE PARKS PAVILIONS

Trawick Pavilion

(Grapevine residents) \$350/day
(non-residents Mon-Thur) \$350/day
(non-residents Fri, Sat, Sun) \$390/day

Jackson Pavilion

(Grapevine residents) \$350/day
(non-residents Mon-Thur) \$350/day
(non-residents Fri, Sat, Sun) \$390/day

For the Jackson, Trawick, Meadowmere and Vineyards Campground Pavilions, all paid reservations canceled prior to 14 days from date of event will have a \$25 cancellation fee. Any cancellations within 14 days of the rental will have a \$100 cancellation fee. This is a cancellation for any reason, including weather. Rain checks accepted. Call for holiday rates.

Meadowmere Park Pavilion

Mar 1-Sept 30 Rates
(Grapevine residents) \$275/day
(non-residents) \$325/day
Please call 817.410.3470 for AM and PM Rates.

For the Vineyards Campgrounds & Cabins reservations, please call 817.329.8993.

INDOOR RENTAL FACILITIES

Bessie Mitchell Facility

\$100/2 hr (Grapevine residents only)*
\$50 each additional hr

Merlot Community Room

\$100/2 hr (Grapevine residents only)*
\$50 each additional hr

*Rates subject to change.

For more information regarding rental facilities, please visit playgrapevinereg.com or call 817.410.3470.

To see aquatic facility rental info, please turn to pg. 14-15.

STAFF SPOTLIGHT



Paul David Morgan
Aquatics Supervisor

You're a new face to the City of Grapevine, but a familiar one within the DFW aquatics scene. Give us a rundown of your background in the aquatics industry. Starting as most in the aquatics industry, I was a pool rat and loved the swimming experience. Growing up through the positions of swim teaching and lifeguarding, it was never really just a job. Graduating from Texas A&M University, I turned my focus on aquatic facility management and the professional industry. While getting experience with some private facilities and swim schools with unique goals, I found a home in the Parks & Recreation community. I proudly served with the City of Plano Parks & Recreation as one of their Aquatic Supervisors for 12 years. Also my continual service as an instructor for the American Red Cross and National Swimming Pool Foundation has given me the opportunity to help the professional growth of others in this industry. After Plano, I was fortunate to serve as the Aquatic Director for our region with the National American Red Cross, Aquatic Operations Coordinator for Baylor Tom Landry Health & Wellness Center, and finally coming back home to public service with my new family, here with the City of Grapevine.

What are some of the highlights from your first month with the City of Grapevine? During my first month with the City of Grapevine, I was overwhelmed with the heartfelt welcome by my coworkers and the public. Assessing our upcoming summer needs and building/improving our programs has been the task at hand. Working with other departments from HR to Facilities to get our summer facilities running smooth and summer staff hired and trained.

Take us through the typical day of the Aquatics Supervisor. A typical day begins and ends with a successful operational experience. Checking on the facilities and the staff, making sure that all of their mechanical systems are doing well, meeting with the management team to communicate daily activities and needs, and then managing any issues that arise at the facilities. Due to the popularity of our facilities and programs at our facilities, most days involve lots of concerns ranging from staffing and program scheduling to constant feedback from our community on how we can serve them better.

You've toured many different facilities and operations during your 20 years in the aquatics industry. How will The REC stack up to some of those facilities? I have been fortunate to visit, work at, and experience many different types of facilities in my career. I will say that Grapevine's aquatic facilities have lots to offer for all ages. And the new REC dramatically increases what we have to offer. From exciting amenities for all ages and programs year-round to state of the art mechanical systems in place to make the aquatic environment fun and safe, The REC is truly a magnificent place to come and be a part of.

What drew you to City of Grapevine Parks and Recreation Department? I was attracted by the overall support that the community gives to their programs, the progressive and respectful attitude that the work environment has to offer, and the motivation that the employees have in serving the public with their best.

Give us a few of your accomplishments you're most proud of. In my youth, I am most proud of earning my Eagle Scout, from which I've been able to use the skills and knowledge gained throughout my life. I am proud of having over 20 years of experience in the aquatic industry. It was an honor to receive the 2007 American Red Cross National Health & Safety Services Award.

What are three words your friends would use to describe you? If I asked my friends and coworkers what three words described me, most would probably say I was friendly, patient, and knowledgeable.

When you're not supervising the aquatics facilities, what are you doing in your free time? I spend time with my family and help with my son's Cub Scout group. I also schedule and teach certification courses through both the American Red Cross and National Swimming Pool Foundation.

What gets you out of bed in the morning? I feel the responsibility with the love of my job, my work family, and the enjoyment of serving the community.


Grapevine Aquatics is much more than just The REC. Tell us about some of the other facilities and amenities around town. We have several different locations of aquatic fun and excitement. Dove Waterpark has something for the entire family. Enjoy slides, a climbing wall, a lily-pad walk, diving board, and an aquatic playground. Pleasant Glade Pool offers exercise and swimming times for all ages. With our exciting floatable water feature, lap swim times and toddler pool, we offer something for everyone at Pleasant Glade pool. Through our swim lessons, outdoor water aerobics, and our summer swim team, spending the hot summer with us has become a Grapevine tradition.

If I'm an 8-year old kid walking into The REC for the first time, what's the first thing I'm doing once that swimsuit is on? I wish I could say that I would take a good shower before entering the water like you're supposed to do. But let's be honest..."Cannonball!"



The REC is a unique center that provides more programs and services for the community, with that personal touch of a private institution. Through a host of health and wellness opportunities, and educational opportunities for personal growth, this is not just a place to frequent, but a great part of our community's life."

Paul David Morgan



AQUATICS

School Year Aquatics Schedule

Open Swim Hours

Monday	3:00 PM–8:00 PM
Tuesday	3:00 PM–6:00 PM
Wednesday	3:00 PM–8:00 PM
Thursday	3:00 PM–6:00 PM
Friday	3:00 PM–6:00 PM
Saturday	11:00 AM–6:00 PM
Sunday	12:00 PM–6:00 PM

Self-Directed Fitness Hours (Adults 16 and up)

Mon-Fri	5:00 AM–3:00 PM
Saturday	7:00 AM–12:00 PM

Summer Aquatics Schedule

Open Swim Hours

Monday	11:00 AM–8:00 PM
Tuesday	11:00 AM–6:00 PM
Wednesday	11:00 AM–8:00 PM
Thursday	11:00 AM–6:00 PM
Friday	11:00 AM–6:00 PM
Saturday	11:00 AM–6:00 PM
Sunday	12:00 PM–6:00 PM

Self-Directed Fitness (Adults 16 and up)

Mon-Fri	5:00 AM–11:00 AM
Tues/Thurs	6:00 PM–8:00 PM
Saturday	7:00 AM–11:00 AM

PLEASE NOTE:

- During Self-Directed Fitness, play features will not be on.
- Certain areas or amenities may be closed due to programs and classes.
- Lap lanes are for lap swimming and fitness only.
- Only United States Coast Guard approved flotation devices are permitted in the pools. Lifejackets are available for non-swimmers.
- Whirlpool is only for Adults 16 and up.

AQUATIC FITNESS CLASSES AT THE REC

There is a \$5.00 discount off the total fees if you sign up for more than one class. There is an additional \$10 registration fee per class for non-members.

Aqua Pilates

The pool has become a new destination for mind-body classes. Pilates has been found to have additional benefits by adapting their traditional practice to the zero-gravity feel of an aquatic environment. Pilates exercises are translated into a pool setting using pool noodles, water weights, the pool wall and floor for assistance.

Tues/Thur • 9:00-9:50 AM
Code: 506800 Fee: \$45

Aqua Zumba

For those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine. Aqua Zumba blends the Zumba® philosophy with water resistance, for one pool party you shouldn't miss!

Sat • 9:00-9:50 AM
Code: 506700 Fee: \$30

H2O FIT

CHALLENGE YOURSELF with the resistance of water doing INTERVAL and STRENGTH Training Workouts. Increase flexibility, range of motion, lean body mass, metabolic rate and lung capacity through water exercise. Great for cross-training or taking your normal workout to a new level.

Mon/Wed • 9:00-9:50 AM
Code: 506801 Fee: \$45

Tues/Thur • 7:00-7:50 PM
Code: 506802 Fee: \$45

Aqua Fitness Challenge

Take your exercise routine up a notch with this dynamic low-impact workout! Challenge yourself with the resistance of water doing interval and strength training exercises. This class will increase your flexibility and rev your metabolism.

Mon/Wed • 10:00-10:50 AM
Code: 506803 Fee: \$45

Tues/Thur • 6:00-6:50 PM
Code: 506804 Fee: \$45

River Aerobics

Take advantage of our indoor river that is anything but lazy! Build cardiovascular strength and increase endurance as you use your muscles to go both with and against the current of the river. This class will challenge you with intervals, as well as, resistance equipment.

Tues/Thur • 10:00-10:50 AM
Code: 506805 Fee: \$45

Sat • 10:00-10:50AM
Code: 506701 Fee: \$30



POOL & PARTY ROOM RENTALS

Open Swim Party Information

School Year Schedule

Open Swim Pool Party • Fee: \$175
Includes: Party room A or B. Pool passes for up to 12 guests; \$10 additional party participant. Max 16 party participants. Parents must accompany children 8 and under in the water.

*Outside food allowed in party room only.

Fri: 4:00-6:00 PM
Sat: 11:00 AM-1:00 PM, 1:30-3:30 PM, 4:00-6:00 PM
Sun: 1:30-3:30 PM, 4:00-6:00 PM

Summer Schedule

*Dates Available starting June 5

Open Swim Pool Party • Fee: \$175
Includes: Party room A or B. Pool passes for up to 12 guests; \$10 additional party participant. Max 16 party participants. Parents must accompany children 8 and under in the water.

* Outside food allowed in party room only.

Mon- Fri: 11:00 AM-1:00 PM, 1:30-3:30 PM, 4:00-6:00 PM
Sat: 11:00 AM-1:00 PM, 1:30-3:30 PM, 4:00-6:00 PM
Sun: 1:30- 3:30 PM, 4:00-6:00 PM

REC Private Pool Party

Fee: \$400 (75 Max) • Fee: \$600 (150 Max)

Includes: Party room A&B. Any parties larger than 150 guests will need to call the party coordinator for pricing and availability. Parents must accompany children 8 and under in the water.

*Outside food allowed in party room only.

Fri & Sat: 6:30-8:30 PM



PLEASE NOTE:

- After-hours pool rentals must be made at least 2 weeks in advance.
- All rentals must be paid at the time the reservation is made.
- When you have a rental, every swimmer is counted.
- For everyone's safety, children 8 and under must be accompanied by an adult (16 and up). Non-swimmers must be in arm's reach of an adult at all times.
- Children must be at least 48" tall to use the slides.
- The pools will clear 15 min early during After-hours rentals to give the guests time to cleanup and exit.
- 15 minutes prior to your party ending, all additional party participants must be paid for at that time.

**To book your next party with us, please call
817.410.3455**

DOVE WATERPARK

817.410.8140 • 1509 Hood Lane

Admission

Residents: \$2 • Non-Residents: \$5
Under age 12 months: free
All entering facility must pay admission fee.

Season Pass Information

Dove Individual Pass (1 person):

Resident: \$50 • Non-Resident: \$100
(access to both outdoor pools)

Dove Family Pass:

(up to 6 family members)
Resident: \$100 • Non-Resident: \$200
(access to both outdoor pools)

Basic Cabana Rentals:

\$60 for 2 hours
Available during open swim hours only.

Reserve a "private" covered area with four loungers and one picnic table with seating for approximately 10 people. Does not include admission to facility.

Cabana Rama Pizza Party:

Cabana A

*Resident: \$175
*Non-Resident: \$275
Includes: Party attendant, 2 hour rental, 1 cabana, swim passes for 20 guests, 2 large pizzas and 10 ice cream cups.

Cabana B & C

*Resident: \$275
*Non-Resident: \$375
Includes: Party attendant, 2 hour rental, 2 cabanas, swim passes for 25 guests, 3 large pizzas, 20 ice cream cups.

Private Pool Party:

Fee: \$400/75 maximum
\$600/150 maximum

Private Pool Party Rental Times:
Fri, Sat, Sun
7:30-9:30 PM

*Any parties larger than 150 people need to call Party Coordinator for pricing and availability.

Sprayground Cabanas

Cabanas: A,B,C
Cabanas are located at 1509 Hood Lane. They are at the Dove Sprayground next to Dove Pool. There are tree shaded Cabanas. Each Cabana contains one picnic table and two chaise lounge chairs, and holds 8-10 people. There are restrooms and drinking fountains next to the pool, and a playground is nearby. No grills are allowed on Sprayground surface.

Each Cabana is rented in three hour slots: 8:00-11:00 AM, 12:00-3:00 PM, and 4:00-7:00 PM. The Sprayground runs from 8:00 AM until 8:00 PM May-September.

Residents:

\$40 - First 3 hours • One Cabana
\$70 - First 3 hours • Two Cabanas
\$110 - First 3 hours • Three Cabanas

Non-Residents:

\$60 - First 3 hours • One Cabana
\$100 - First 3 hours • Two Cabanas
\$130 - First 3 hours • Three Cabanas

To book your next pool party with us, please call 817-410-3455.

DOVE WATERPARK • OPERATING HOURS

MAY							JUN							JUL							AUG / SEPT							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
					1	2			1	2	3	4	5	6				1	2	3	4						1	
3	4	5	6	7	8	9	7	8	9	10	11	12	13		5	6	7	8	9	10	11	2	3	4	5	6	7	8
10	11	12	13	14	15	16	14	15	16	17	18	19	20		12	13	14	15	16	17	18	9	10	11	12	13	14	15
17	18	19	20	21	22	23	21	22	23	24	25	26	27		19	20	21	22	23	24	25	16	17	18	19	20	21	22
24	25	26	27	28	29	30	28	29	30						26	27	28	29	30	31		13	24	25	26	27	28	29
31																						30	31	1	2	3	4	5

11:00 AM-7:00 PM

11:00 AM-5:00 PM

11:00 AM-9:30 PM

11:00 AM-4:50 PM & 7:30-9:30 PM

PLEASANT GLADE POOL

817.410.8137 • 1805 Hall Johnson • Parking at GES off Hughes Rd.

Admission

Residents: \$2 • Non Residents: \$3
Under age 12 months: free
All entering facility must pay admission fee.

Season Pass Information

Individual Pass (1 person):

Resident: \$50
(access to both outdoor pools)

Non-Resident: \$60
(Pleasant Glade Pool Only)

Family Pass:

(up to 6 family members)
Resident \$100
(access to both outdoor pools)

Non-Resident \$150
(Pleasant Glade Pool Only)

Basic Table Rental:

\$30 for 2 hours

Reserve a shaded area with two picnic table with seating for approximately 20 people. Does not include admission into facility.

Table Pizza Party:

Resident \$150
Non-resident \$175

Includes: Party attendant, 2 hour rental, 1 cabana, swim passes for 20 guests, 2 large pizzas, 10 ice cream cups.

Table Rental Party Times:

Mon-Thur: 12:00-2:00 PM, 2:30-4:30 PM, 7:30-9:30 PM
Fri: 12:00-2:00 PM, 2:30-4:30 PM
Sat: 12:00-2:00 PM, 2:30-4:30 PM, 5:00-7:00PM
Sun: 1:30-3:30 PM, 4:00-6:00 PM

Private Pool Party:

Fee: \$270 • 75 max
Fee: \$400 • 150 max

Private Pool Party Rental Times:

Fri & Sat: 7:30-9:30 PM
Sun: 6:30-8:30 PM

*Any parties larger than 150 people need to call Party Coordinator for pricing and availability.

THE WIBIT!

Add our inflatable Play Feature to any Private Pool Party!

Fee: \$100

Special Events:

Toddler Splash Time

Every Saturday starting Jun 13
11:00 AM-12:00 PM
Games, songs, safety lessons, free swim baby pool only.
\$2 per person over 12 months old. Children ages 0-5 years old. A parent is required to attend.

Lap Swim Times

Tue & Thur 7:30-9:30, max 2 lanes
Training equipment may be used in lap lanes only (ex. fins, kickboard).

Doggie Dive In

Sept 12 • 10:00 AM-2:00 PM
Bring your dog to swim in the pool. Must register in advance. Proof of vaccinations required

To book your next pool party with us, please call 817-410-3455.

PLEASANT GLADE POOL • OPERATING HOURS

MAY							JUN							JUL							AUG / SEPT						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2																					
3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8
10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15
17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21	22
24	25	26	27	28	29	30	28	29	30					26	27	28	29	30	31		13	24	25	26	27	28	29
31														26	27	28	29	30	31		30	31	1	2	3	4	5
																					6	7	8	9	10	11	12

1:00-6:00 PM
12:00-5:00 PM
12:00-7:00 PM
12:00-9:30 PM

12:00-4:50 PM & 7:30-9:30 PM
10:00 AM-2:00 PM Doggie Dive In

LEARN-TO-SWIM PROGRAM

Outdoor Only for Summer 2015
Indoor Program begins Fall 2015

Group Lesson (2 week session)

Residents: \$42

Non-residents: \$52

Course descriptions below are skills a participant must master prior to the end of a session to receive certification for that level. Classes are Mon-Thur for 30 min/day. In order for class to "make", a minimum of four participants are required.

Min: 4 • Max: 6 • 1:6 max ratio

Semi-Private Lessons (2 week session)

Residents: \$67

Non-residents: \$82

Semi-Private Lessons: Smaller class size will allow your child to progress at a faster pace and get more individual attention. Classes are held Mon-Thur for 30 min/day.

Min: 2 • Max: 3 • 1:3 max ratio

Private Lessons (1 week session)

Residents: \$100

Non-residents: \$120

Private Lessons: Receive one-on-one attention to enhance instruction of swimming skills for your child. One-week classes are held Mon-Thur for 30 min./day. Private lessons are held at both pools during regular lesson times.

PLEASE NOTE:

- Observation Policy- To ensure your child success and limit distractions, parents and visitors are required to stay in the designated seating area.
- Thunder, lighting and/or heavy rain- Pool will be cleared for at least 30 minutes. Timer will start at each occurrence.
- Cancellation/Transfer Fee Policy- Due to the high demand for roster spots and scheduling issues, any cancellations or transfers not initiated by Grapevine Aquatics or an instructor will be assessed an \$8 fee.
- Regular, Semi-Privates & Private Lessons- No transfers, cancellations or refunds one week before class begin for ALL classes.
- Makeup Classes- No make up for personal absences.
- Any rainouts will be made up on Fridays.

Water Babies (1 week, Mon-Thur)

Ages: 0-35 months

Introduces infants, toddlers and their parents to basic water adjustment and safety through repetitive key words, actions and skills.

2 adults per child, max.

- Bubbles and going under
- Entering/exiting the pool safely
- Parent holding positions
- Floats, kicks and arm strokes

Fee: \$25 residents, \$32 non-residents

Semi-Private Water Tots (18-35 months)

This class is designed for children already comfortable in the water, ready to transition to a group setting, and comfortable being away from parents for 30 minutes. Small class size will use games and songs to build skills while focusing on safety. Parents are not allowed to accompany child to class or in the water.

Fearless Fish

Ages: 3-5 yrs

For children who feel anxious about the water. This class is designed to give students special attention to help overcome their apprehension.

Fee: \$67 residents, \$82 non-residents

Elementary Eels

Ages: 6-10 yrs

For older children who feel anxious about the water and those afraid of water. This class is designed to give students special attention to help overcome their apprehension.

Fee: \$67 residents, \$82 non-residents

Water Bugs I

Ages: 3-5yrs

All skills are executed with support.

- Water adjustment
- Fully submerge face
- Floats and kicks
- Bubbles

Water Bugs II

Ages: 3-5yrs

Children are encouraged to work independently.

- Breath control
- Flutter kick
- Glides
- Bobble bounce to the side of pool
- Push off side and swim

SUMMER LEARN TO SWIM PROGRAM • FREE Level Placement Testing

May 23 and May 30 at Dove Waterpark • 9:00-11:00 AM

Our staff will evaluate your child and assist you with registration.



Tadpole (Level 1) Intro to Swim Skills

Ages: Starting at 4 yrs

- Flutter kick 5 feet
- Front and back glide 5 feet
- Front float 5 seconds

Guppy (Level 2) Basic Swim Skills

Ages: 5 yrs & up

- Front glide 10 feet
- Back glide 10 feet
- Swim front crawl 10 feet

Minnow (Level 3) Intermediate Swim Skills

Ages: 6 yrs & up

- Front crawl 15 yards with side breathing
- Backstroke 15 yards
- Breaststroke kick 15 yards

Dolphin (Level 4) Advanced Swim Skills

Ages: 7 yrs & up

- Freestyle 25 yards
- Backstroke 15 yards
- Breaststroke 15 yards
- Butterfly 15 yards

Whale (Level 5) Enhanced Swim Skills

Ages: 8 yrs & up

- Freestyle 50 yards (2 laps)
- Backstroke 50 yards
- Breaststroke 25 yards
- Butterfly 25 yards

Shark (Level 6) Expert Swim Skills

Ages: 9 yrs & up

- Freestyle 100 yards with flip turn
- Backstroke 50 yards with flip turn
- Breaststroke 50 yards
- Butterfly 50 yards

Semi-Private Diving

An introduction to formal diving. We will start with beginning fundamentals of a knee dive and work up to a spring board dive from the diving board. We will continue with skills such as pike and tuck dives. This class is only offered at Dove Waterpark due to depth requirements. Max class size is three children.

Fee: \$67 residents, \$82 non-residents

JR. Guard (Ages 10-14)

Designed to introduce lifeguarding skills and knowledge to advanced swimmers. Participants will be using lifeguard equipment, practicing CPR skills and mock scenarios to prepare for a future in lifeguarding and will receive a student workbook. Please bring a pen, towel and goggles. Females must wear a one piece swimsuit. This is NOT a lifeguard certification class.

Prerequisite: Swim 100 yd freestyle and 100 yd breaststroke without stopping.

Fee: \$70 residents, \$80 non-residents

Water Safety Instructor Certification

The American Red Cross Water Safety Instructor Course certifies participants to teach swimming lessons to all ages and give water safety presentations. It's a fun and meaningful job that is in high demand. Plus, once certified, you can apply to work with the City of Grapevine in our Learn to Swim Program as a Swim Lesson Instructor.

Prerequisites:

- Min age of 16 years old
- Demonstrate proficiency in six strokes: freestyle, backstroke, elementary backstroke, sidestroke, breaststroke and butterfly - 25 yards per stroke
- Tread water for 1 minute

Location: All classes held at the REC

Dates / Times / Course Codes

- | | | |
|-----------------|------------------|-----------|
| 1. May 4-8 | 4:30-8:00 PM | 532000-12 |
| 2. Jun 29-Jul 2 | 8:00 AM-12:00 PM | 532000-13 |
| 3. Aug 10-13 | 8:00 AM-12:00 PM | 532000-14 |

Fee: \$175 includes digital materials. *This will be a Blended Learning Course. Internet is required for course work.

Swim Lesson Aide Certification (SLA)

A training experience designed to prepare advanced swimmers to assist an instructor with a class. Candidates will focus on strokes, skills, administrative duties, proper equipment usage. For certification, each student must be 10 years of age, pass a swim test and complete volunteer teaching assignments. After receiving certification, those ages 12 and up are eligible to volunteer. Those 15 and older may apply for employment. Females must wear a one piece swimsuit.

Site / Days: Pleasant Glade Pool
1805 Hall Johnson

Dates / Time: May 20 & 21 / 5:30-7:30 PM

Practice Teaching: May 22

Fee: \$42 resident • \$52 non-resident

Code/Session: 531200-10





Water Babies (Mom, Dad and Me) 1 week Mon-Thur • Parent required in pool with child

	Jun 8-11	Jun 15-18	Jun 22-25	Jun 29-Jul 2	Jul 13-16	Jul 20-23	Jul 27-30	Aug 3-6	Aug 10-13	Aug 17-20
	5:35 PM	5:35 PM	5:35 PM	5:35 PM	5:35 PM	5:35 PM	5:35 PM	5:35 PM		
	510535-1A	510535-1B	510535-2A	510535-2B	510535-3A	510535-3B	510535-4A	510535-4B		
			6:45 PM	6:45 PM	6:45 PM	6:45 PM	6:45 PM	6:45 PM	6:10 PM	6:10 PM
			510645-2A	510645-2B	510645-3A	510645-3B	510645-4A	510645-4B	510610-5A	510610-5B
LEVEL	Jun 8-18 Session 11		Jun 22-Jul 2 Session 12		Jul 13-23 Session 13		Jul 27-Aug 6 Session 14		Aug 10-20 Session 15	
Semi Private Fearless Fish			10:10 AM	517101	06:45 PM	517645	9:35 AM	517935		
Semi Private Elementary Eels	06:45 PM	517064	06:10 PM	517061	9:00 AM	517090	10:10 AM	517010		
Semi Private Water Tots	9:00 AM	518900	9:00 AM	518900	9:35 AM	518935	9:00 AM	518900	5:00 PM	518500
	9:35 AM	518935	9:35 AM	518935	5:35 PM	518535	5:00 PM	518500	5:35 PM	518535
	5:00 PM	518500	5:00 PM	518500	6:10 PM	518610	5:35 PM	518535		
	5:35 PM	518535	5:35 PM	518535			6:10 PM	518610		
	6:10 PM	518610	6:10 PM	518610						
Semi Private Preschool Water Bugs	9:00 AM	519900	9:00 AM	519900	9:00 AM	519900	9:00 AM	519900	5:35 PM	519535
	10:10 AM	519101	10:10 AM	519101	10:10 AM	519101	5:00 PM	519500	6:10 PM	519610
	5:00 PM	519500	5:00 PM	519500	5:00 PM	519500	5:35 PM	519535	6:45 PM	519645
	5:35 PM	519535	5:35 PM	519535	6:10 PM	519610	6:10 PM	519610		
	6:45 PM	519645	6:45 PM	519645						
Semi Private Level 1	9:00 AM	511900	9:00 AM	511900	10:10 AM	511101	9:35 AM	511935	5:00 PM	511500
	9:35 AM	511935	9:35 AM	511935	5:00 PM	511500	5:00 PM	511500	6:10 PM	511610
	5:00 PM	511500	5:00 PM	511500	5:35 PM	511535	6:10 PM	511610	6:45 PM	511645
	5:35 PM	511535	5:35 PM	511535	6:45 PM	511645				
	6:45 PM	511645	6:45 PM	511645						
Semi Private Level 2 Guppy	9:00 AM	512900	9:00 AM	512900	10:10 AM	512101	9:00 AM	512900	5:00 PM	512500
	10:10 AM	512101	10:10 AM	512101	5:35 PM	512535	6:45 PM	512645	5:35 PM	512535
	5:35 PM	512535	5:35 PM	512535	6:45 PM	512645			6:45 PM	512645
	6:45 PM	512645	6:45 PM	512645						
Semi Private Level 3 Minnow	9:00 AM	513900	9:00 AM	513900	9:00 AM	513900	11:10 AM	513110	5:00 PM	513500
	5:00 PM	513500	5:00 PM	513500	5:35 PM	513535	5:00 PM	513500	5:35 PM	513535
	6:10 PM	513610	6:10 PM	513610	6:10 PM	513610	6:45 PM	513645	6:10 PM	513610
Semi Private Level 4 Dolphin	9:35 AM	514935	9:35 AM	514935	9:35 AM	514935	5:35PM	514535	5:00 PM	514500
	5:35 PM	514535	5:35 PM	514535	5:00 PM	514500			6:45 PM	514645
	6:10 PM	514610			6:10 PM	514610				
Semi Private Level 5 Whale	6:10 PM	515610	6:45 PM	515645	10:10 AM	515101	6:10 PM	515610	6:10 PM	515610
					5:00 PM	515500				
Semi Private Level 6 Shark	6:10 PM	516610	6:10 PM	516610	9:35 AM	516935	5:00 PM	516500	5:35 PM	516535
					6:10 PM	516645				
Semi-private Diving			6:10 PM	538061			5:35 PM	538053		
Jr Guard					10:10 AM	533101			6:10 PM	533610

LEVEL	June 8-18 Session 11		June 22-July 2 Session 12		July 13-23 Session 13		July 27-Aug 6 Session 14		August 10-20 Session 15	
Preschool Water Bugs 1	9:35 AM	519093	9:35 AM	519093	6:45 PM	519064				
	6:10 PM	519061	6:10 PM	519061						
Preschool Water Bugs 2	9:35 AM	508935	5:00 PM	508050	9:35 AM	508093	5:35 PM	508053	5:35 PM	508535
	5:35 PM	508053			6:10 PM	508061				
Level 1 Tadpole	10:10 AM	511010	10:10 AM	511010	9:00 AM	511090	6:45 PM	511064	6:45 PM	511064
	6:45 PM	511064	6:45 PM	511064	6:10 PM	511061				
Level 2 Guppy	10:10 AM	512010	10:10 AM	512010	9:35 AM	512093	9:35 AM	512093	5:00 PM	512053
	5:00 PM	512050	5:35 PM	512053	6:45 PM	512064	6:10 PM	512061		
Level 3 Minnow	9:35 AM	513093	9:35 AM	513093	10:10 AM	513010	6:45 PM	513064		
	5:00 PM	513050	5:00 PM	513050	5:00 PM	513050				
Level 4 Dolphin	10:10 AM	514010	10:10 AM	514010	5:35 PM	514053	9:00 AM	514090		
							6:10 PM	514061		
Level 5 Whale					9:00 AM	515090				
					5:35 PM	515053				
Level 6 Shark					5:00 PM	516050	10:10 AM	516010		
							6:10 PM	516610		

Private Lessons Dove Waterpark

Monday -Thursday for 1 week.

30 minutes of one-on-one attention each day.

We offer private lessons for all levels and ages.

Registration:

To register, please call

817.410.3450 or

817.410.3461



TIME	CODE	DATE	SESSION
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9:00 AM	501900	Jun 8-11	1A
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9:35 AM	501935	Jun 15-18	1B
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10:10 AM	501101	Jun 22-25	2A
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5:00 PM	501500	Jun 29-Jul 2	2B
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5:35 PM	501535	Jul 13-16	3A
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6:10 PM	501610	Jul 20-23	3B
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6:45 PM	501645	Jul 27-30	4A
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		Aug 3-6	4B
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		Aug 10-13	5A
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		Aug 17-20	5B
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Private Lessons Pleasant Glade Pool

Monday -Thursday for 1 week.

30 minutes of one-on-one attention each day.

We offer private lessons for all levels and ages.

Registration:

To register, please call 817.410.3450 or 817.410.3461

TIME	CODE	DATE	SESSION
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10:00 AM	502110	Jun 8-11	1A
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10:35 AM	502113	Jun 15-18	1B
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11:10 AM	502011	Jun 22-25	2A
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5:00 PM	502500	Jun 29-Jul 2	2B
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5:35 PM	502535	Jul 13-16	3A
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6:10 PM	502610	Jul 20-23	3B
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6:45 PM	502645	Jul 27-30	4A
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		Aug 3-6	4B
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		Aug 10-13	5A
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		Aug 17-20	5B
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Water Babies (Mom, Dad and Me) 1 week Mon-Thur • Parent required in pool with child

	Jun 8-11	Jun 15-18	Jun 22-25	Jun 29-Jul 2	Jul 13-16	Jul 20-23	Jul 27-30	Aug 3-6	Aug 10-13	Aug 17-20
	5:35 PM	5:35 PM	6:10 PM	6:10 PM	5:35 PM	5:35 PM	6:10 PM	6:10 PM		
	520535-1A	520535-1B	520610-2A	520610-2B	520535-3A	520535-3B	520610-4A	520610-4B		
LEVEL	June 8-18 Session 11		June 22-July 2 Session 12		July 13-23 Session 13		July 27-Aug 6 Session 14		Aug 10-20 Session 15	
Semi Private Fearless Fish			5:35 PM	500535	6:10 PM	500610	5:00 PM	500500		
Semi Private Elementary Eels	10:00 AM	527010	5:00 PM	527050	5:35 PM	527053	6:45 PM	527064		
Semi Private Water Tots	10:00 AM	528100	10:00 AM	528100	10:35 AM	528103	11:10 AM	528111	5:35 PM	528535
	5:00 PM	528500	5:00 PM	528500	5:00 PM	528500	5:00 PM	528500	6:10 PM	528610
	5:35 PM	528535	6:45 PM	528645	5:35 PM	528535	6:10 PM	528610	6:45 PM	528645
	6:45 PM	528645			6:45 PM	528645				
Semi Private Preschool Water Bugs	10:00 AM	529100	10:00 AM	529100	10:35 AM	529103	10:00 AM	529100	5:00 PM	529500
	5:35 PM	529535	5:35 PM	529535	5:35 PM	529535	5:35 PM	529535	5:35 PM	529535
	6:10 PM	529610	6:10 PM	529610	6:10 PM	529610	6:45 PM	529645	6:45 PM	529645
	6:45 PM	529645	6:45 PM	529645	6:45 PM	529645				
Semi Private Level 1 Tadpole	10:35 AM	521103	10:35 AM	521103	10:00 AM	521100	10:00 AM	521100	5:00 PM	521500
	11:10 AM	521110	11:10 AM	521110	11:10 AM	521110	5:00 PM	521500	5:35 PM	521535
	5:00 PM	521500	5:00 PM	521500	5:00 PM	521500	6:10 PM	521610	6:10 PM	521610
	6:10 PM	521610	6:10 PM	521610	6:10 PM	521610				
Semi Private Level 2 Guppy	10:35 AM	522103	10:35 AM	522103	10:00 AM	522100	10:00 AM	522100	5:00 PM	522500
	5:00 PM	522500	5:00 PM	522500	5:00 PM	522500	5:00 PM	522500	5:35 PM	522535
	6:10 PM	522610	6:10 PM	522610	6:10 PM	522610	6:45 PM	522645	6:10 PM	522610
	6:45 PM	522645	6:45 PM	522645	6:45 PM	522645				
Semi Private Level 3 Minnow	10:35 AM	523103	10:35 AM	523103	10:35 AM	523103	10:35 AM	523103	5:00 PM	523500
	11:10 AM	523110	11:10 AM	523110	11:10 AM	523110	5:00 PM	523500	5:35 PM	523535
	5:00 PM	523500	5:00 PM	523500	5:00 PM	523500	6:10 PM	523610		
	6:10 PM	523610	6:10 PM	523610	6:10 PM	523610				
Semi Private Level 4 Dolphin	11:10 AM	524110	11:10 AM	524110	11:10 AM	524110	10:35 AM	524103	6:10 PM	524610
	5:35 PM	524535	5:35 PM	524535	5:00 PM	524500	5:35 PM	524535		
	6:45 PM	524645	6:45 PM	524645	6:45 PM	524645	6:10 PM	524610		
Semi Private Level 5 Whale	10:00 AM	525100	10:00 AM	525100	10:00 AM	525100	10:00 AM	525100	5:00 PM	525500
	5:00 PM	525500	5:00 PM	525500	5:00 PM	525500	5:35 PM	525535		
Semi Private Level 6 Shark	10:00 AM	526100	10:00 AM	526100	10:00 AM	526100	11:10 AM	526110	6:10 PM	526610
	5:35 PM	526535			5:35 PM	526535	6:45 PM	526645		
Jr Guard	6:10 PM	534610	6:10 PM	534610	6:10 PM	534610				
Preschool Water Bugs 1	10:35 AM	529010	10:35 AM	529010	10:35 AM	529010				
	5:35 PM	529053	5:35 PM	529053	5:35 PM	529053				
Preschool Water Bugs 2	11:10 AM	528011	11:10 AM	528011	11:10 AM	528011	10:35 AM	528010	6:45 PM	528064
	6:45 PM	528064	6:45 PM	528064	6:45 PM	528064	5:35 PM	528053		

LEVEL	June 8-18 Session 11		June 22-July 2 Session 12		July 13-23 Session 13		July 27-Aug 6 Session 14		Aug 10-20 Session 15	
Level 1 Minnow	10:35 AM	521010	10:35 AM	521010	11:10 AM	521011	10:35 AM	521010	6:45 PM	521064
	6:10 PM	521061	6:45 PM	521064	6:10 PM	521061	5:35 PM	521053		
Level 2 Guppy	11:10 AM	522011	11:10 AM	522011	10:35 AM	522013	11:10 AM	522011		
	6:45 PM	522064	6:10 PM	522061	6:45 PM	522064	6:45 PM	522064		
Level 3 Minnow	5:35 PM	523053	5:35 PM	523053	5:35 PM	523053	11:10 AM	523011		
							6:45 PM	523064		
Level 4 Dolphin			5:35 PM	524053	5:35 PM	524053	6:10 PM	524061		
Level 5 Whale					5:35 PM	525053	5:00 PM	525050		
Level 6 Shark					6:45 PM	526064	5:35 PM	526053		

Aquatic Fitness at Pleasant Glade Pool

Deep Water Dynamics

Offering aerobics fitness, endurance, flexibility and promoting muscle strength. Flotation noodles are provided., Minimal swimming skills and water comfort are needed. For all fitness levels.

Aqua Pilates/Power Sculpting

Enjoy the benefits of Pilates in the comfort of the water. Elongate muscles, strengthen your core, power walk and sculpt. Focus on abs, thighs, upper body, balance, flexibility and posture. For all fitness levels. Swimming skills not necessary.

Aqua Tabata

Take advantage of the latest trend in fitness. With high intensity interval training (HIIT), including the specialized Tabata format, transitions into the water with high-powered results. Minimal choreography, maximum results!

CLASS	TIME	SESSION DATES	DAYS	FEE	CODE
Deep Water Dynamics	6:45-7:30 PM	20: (4 wks) Jun 8-Jul 1	Mon, Wed	\$45	532630
		21: (4 wks) Jul 13-Aug 5	Mon, Wed	\$45	532630
Aqua Tabata	8:00-8:45 AM	20: May 30-Jun 27	Sat	\$30	532830
		21: Jul 11-Aug 8	Sat	\$30	532830
Aqua Pilates	9:00-9:45 AM	20: May 30-Jun 27	Sat	\$30	533009
		21: Jul 11-Aug 8	Sat	\$30	533009
Mix "N" Match (Sat classes only • Aqua Tabata and Aqua Pilates)		20: May 30-Jun 27	Mix "N" Match Sat	\$50	532631
		21: Jul 11-Aug 8	Mix "N" Match Sat	\$50	532631

Grapevine Gators Swim Team

PRACTICE SITE	DAYS	REGULAR WORKOUT	PRACTICE TIMES	SWIM TEAM FEE	PARENT MEETING	CODE	ADDITIONAL INFO
Pleasant Glade Pool	Mon-Fri	13 & Up	May 18-Jun 4	\$135	May 18	540000-10	Resident registration begins Feb 1
		7:00-8:50 AM	7:00-8:30 PM	residents	Pleasant Glade Pool		
		11-12	*No Practice	\$150	5:30 PM		
		7:00-8:30 AM	May 25	non-residents			Non-resident registration begins Apr 1
		9-10	Jun 5 - Regular Workout times begin	Regionals: Jul 18-19 (all attend)			
		8:50-9:40 AM		State Games: Jul 30-Aug 4 (qualifiers only)			
		8 & Under					
		8:50-9:30 AM					

Private Lessons • Pleasant Glade Pool (SEE PG. 19)



FITNESS

Personal Training

Experience a new exercise program that will take your fitness to the next level! Contact the Grapevine REC's staff of certified personal fitness trainers, then select a personal training package and save!

½ Hour Sessions- \$35

½ Hour Semi-Private Sessions- \$50 (price based on two people)

Personal Training Packages

Five, 30-minute sessions for \$170 (save \$5)

Ten, 30-minute sessions for \$330 (save \$20)

Fifteen, 30-minute sessions for \$465 (save \$60)

Twenty, 30-minute sessions for \$600 (save \$100)

Five semi-private sessions for \$245 (save \$5)

Ten semi-private sessions for \$480 (save \$20)

Fifteen semi-private sessions for \$675 (save \$75)

Twenty semi-private sessions for \$860 (save \$140)

To schedule your appointment with a personal trainer, contact Amanda Hawkins at 817.410.3456.

COLEMAN COMPLETE FITNESS

30 Minute Muscle

This class will offer maximum calorie burn in the shortest amount of time. You will get fit and healthy all while being challenged during different exercises. It's a combination of strength, cardio muscle endurance, flexibility, core, and functional movement patterns. This class will work your entire body.

Ages: 13 yrs & up

Days / Time: Tue, Thur / 5:30-6:00 PM

Code: 706224

Fees: \$60/mo

Instructor: Larry Coleman, Ci- MFS

***NOTE: There is an additional \$10 registration fee per class for non-members.**

Coleman Cross Training

This class targets your entire body and is an excellent program for those who want to begin a workout routine or for those that want to be challenged. Larry will use his experience as a Master Fitness Specialist to take you through the latest exercises in the world of fitness, keeping your workouts fresh and your body feeling exhilarated.

Ages: 13 yrs & up

Days / Time: Mon, Wed, Fri / 9:00-9:45 AM

Code: 706222

Fees: \$90/mo

Instructor: Larry Coleman, Ci- MFS

Camp Coleman

Join us for a fitness boot camp unlike any you've experienced. Camp Coleman combines circuit training with cardio, weights, and ab work in one intense workout to help you reach and maintain your fitness goals. Whether your goal is to lose weight, tone, or just become more confident, this program is for you! Classes are fun, energizing, and diverse, and include a free initial and post boot camp assessment.

Ages: 13 yrs & up

Days / Time: Mon, Wed, Fri / 5:45-6:15 AM

Code: 706203

Fees: \$90/mo

Instructor: Larry Coleman, Ci- MFS

Weekend Warrior

End your week with a blast of strength and cardio training that will help you tone and lose weight all while having fun the Camp Coleman way.

Ages: 13 yrs & up

Days / Time: Sat / 9:00-9:45 AM

Code: 706712

Fees: \$40/mo

Instructor: Larry Coleman, Ci- MFS



Insanity

From the DVDs to your gym!! The revolutionary, cardio-based, total body-conditioning program is here! This calorie torching, shirt-soaking workout is based on the principles of MAX Interval Training, and you'll be ripping through the most heart-pumping, muscle shredding, sweat dripping, high-intensity cardio workout ever. It is designed to provide you a safe, challenging and results driven workout with no equipment necessary. Each move has a modification which makes this workout for anyone at any fitness level! Find out what you're really made of.

Ages: 16 yrs & up

Day / Time / Code:

Tue, Thur / 9:45-10:30 AM / 706310

Fees: \$56/mo

Instructor: Karla Acord, Certified Insanity Instructor

Happy Movements

Therapeutic Yoga

Discover the power of going back to the basics as you move, breathe, and meditate to music. Join us or this slow-paced class that combines yoga with therapeutic exercises and progresses from week to week. Perfect for those new to yoga or someone looking for a less intense class. Register for Tuesday, Saturday or both (See Unlimited Therapeutic Yoga). Visit HappyMovements.com for more information.

Ages: 18 yrs & up

Day / Time / Code:

Tue / 6:15-7:15 PM / 706303 / \$40/mo

Sat / 11:45 AM-12:45 PM / 706507 / \$40/mo

Unlimited / 706603 / \$68/mo

No class May 2 or May 5

Instructor: Natasha Carter, LAT, ATC, CYT



Jazzercise® Dance Fitness

You want that look good, feel great, got-my-stride-on-and-you-love-it confidence. That's where we come in. Jazzercise is a pulse-pounding, beat-pumping fitness program that gets you results...fast. It's a calorie-torching, hip-swiveling, Shakira'd-be-proud dance party workout to put your abs to the test, with a hot playlist to distract you from the burn. Incinerate up to 800cph (that's calories per hour) in one 60 minute class. Expect to feel results after 3 classes and expect to stick with it. Why? Because it works. So stop working out. Start working it...with Jazzercise. For more information, please contact Missy at 817.269.6477.

Days / Time:

Mon, Wed, Fri 8:10 AM 9:15 AM 6:00 PM

Tue, Thur 9:15 AM 6:00 PM

Sat: 9:15 AM

Fees:

12 month: Monthly Price-\$39 • Joining Fee-\$30

6 month: Monthly Price-\$43 • Joining Fee-\$40

Personal Touch

Personal Touch is a program designed by Jazzercise to carry your fitness needs one step further. Personal Touch is an extended program to build muscle tone, strong bones and healthier eating habits. Each class concentrates on muscle building, nutrition and proper strength training techniques to help you lose inches and pounds. No aerobics involved. Open to non-jazzercise students.

Ages: 16 yrs & up

Day / Time / Code / Fee:

Tue / 7:00-7:50 PM / 706218 / \$45/mo

Thur / 7:00-7:50 PM / 706506 / \$45/mo

Tue & Thur / 7:00-7:50 PM / 706221 / \$75

Instructor: Missy Hill

For more information, please contact Missy at 817.269.6477.

Email: grapevinejazz@verizon.net

Facebook: facebook.com/grapevinejazzercise

Website: jcls.jazzercise.com/facility/jazzercise-grapevine-community-center

Tae Kwon Do/ Hapkido

Fee: \$50/ month (Individual)

\$120/ month (Family of 3 or more)

Instructor: Kim Davis, 6th DAN

Supply fee: Belt test and equipment available upon request from instructor.

Youth Tae Kwon Do

Tae Kwon Do, a Korean martial art, is for all ages and fun for the entire family. Improve flexibility, concentration, general conditioning, hand/eye coordination, balance, self-discipline, and physical/mental well-being. Youth students learn & practice side by side with adult class students to see what is possible as they gain confidence.

Ages: 6-11

Days / Time: Mon and Thur / 7:00-8:00 PM

Codes: 706800 (individual) / 706802 (family)

Adult Tae Kwon Do/ Hapkido

Tae Kwon Do/Hapkido, Korean martial arts, are for all ages and fun for the entire family [Hapkido lower age limit = 12yrs]. Improve flexibility, concentration, general conditioning, hand/eye coordination, balance, self-discipline, and physical/mental well-being. Students in the advanced class will learn to apply skills in forms, sparring, and self-defense applications. Hapkido adds grappling and some weapons techniques to Tae Kwon Do skills.

Ages: 12 and up

Days / Time: Mon and Thur / 7:00-8:30 PM

Codes: 706801 (individual) / 706803 (family)

***NOTE: There is an additional \$10 registration fee per class for non-members.**

Gladiator Fitness Camps

Camp Gladiator is an adult fitness camp that promises an intense, motivating and challenging environment where men and women of all ages and fitness levels can push themselves. Participants may attend ANY and ALL times for one low price. For more information and to register, visit campgladiator.com

Ages: 15 and up

Location: Pickering Park

Days / Time: M, W, F / 9:15-10:15 AM

Instructor: Janet Fuller

janetfuller@campgladiator.com

Location: Parr Park

Days / Time: M, W, F / 8:30-9:30 AM

Instructor: Missy Cheatham

missycheatham@campgladiator.com

Location: Dove Park

Days / Time: Tue, Thur / 9:00-10:00 AM

Instructor: Cassie Canales

cassiecanales@campgladiator.com

Additional times/locations available on website

Stroller Strides/Stroller Barre

Stroller Strides is a stroller-based fitness program designed for moms with little ones.

Stroller Barre is a unique blend of Pilates, barre and yoga stroller-based workout for moms. Babies have fun as we entertain them with songs and games. Pregnant and new moms (6 weeks postpartum) are welcome!

Ages: 18 and up

Location: Parr Park, 3010 Parr Lane

Days / Time:

Stroller Strides: Mon-Fri • 9:15 AM

Stroller Barre: Mon-Fri • 9:30 AM

Additional Info: For more information, contact Farrah Agado at 682-651-7895 or at farrahagado@fit4mom.com or grapevine.fit4mom.com.

***NOTE: There is an additional \$10 registration fee per class for non-members.**

Zumba

The Original Dance-Fitness Party! Are you ready to party yourself into shape? Forget the workout and lose yourself in the music at the original dance-fitness party. Zumba classes feature exotic rhythms set to high-energy Latin and international beats. Before you know it, you'll be getting fit and your energy levels will be soaring! It's easy to do, effective, and totally exhilarating.

Ages: 16 & up

Days / Time / Codes:

Mon / 7:15-8:15 PM / 706601

Wed / 7:00-8:00 PM / 706606

Sat / 10:15-11:15 AM / 706706

Unlimited / 706400

Fees: \$20 for 1 class/week

\$60 for Unlimited

Instructor: Samantha Olson, Zumba Certified

Lil' Legends Pre-K Karate

Martial arts classes designed for 3.4 and 5 year olds. Our curriculum is designed by a black belt with a Master's Degree in Occupational Therapy for Pre-K aged children. Participants must test out of the first class to make it to the "advanced" class, which focuses on perfecting martial arts techniques.

Beginner

Day / Time: Tue / 5:15-5:45 PM

Ages / Code: 3-5 yrs / 706704

Advanced

Day / Time: Tue / 6:00-6:30 PM

Ages / Code: 3-5 yrs / 706705

Instructor: Legends Martial Arts

For more information: www.legendsmartialarts.com or

817.285.8484

Legends Karate

Martial arts classes designed specifically for Kids, Teens, and Adults. Our curriculum is designed by 10th degree black belt Grandmaster J Pat Burleson and 7th degree black belt Master Chance Burleson. The curriculum focuses on perfecting martial arts techniques along with a focus on discipline and control.

Fee:

\$45/month-Basic Program

\$55/month-Elite Program

\$65/month-Masters Program

(\$5 discount for each additional family member)

Beginner Kids

(White to Orange Belts)

Day / Time: Tue / 5:00-5:30 PM

Ages: 6-11 yrs

Code: 706701

Advanced Kids

(Green to Black Belts)

Day / Time: Tue / 5:30-7:00 PM

Ages: 6-11 yrs

Code: 706702

Teens and Adults

(White to Black Belts)

Day / Time: Tue / 7:00-9:00 PM

Ages: 12 yrs & up

Code: 706703



WORKOUT WITH WENDY

Pilates I

Anyone can do Pilates and achieve amazing results. This class incorporates Pilates mat and floor barre exercises that will strengthen your core muscles and help you tone your body, flatten your abs and increase your flexibility, balance and stamina. Pilates I will revitalize you and transform the way your body looks, feels and performs!

Ages: 13 yrs & up
Days / Time: Mon and/or Thur
5:10-5:40 PM
Session / Fee: \$40/mo for 8 classes/mo
\$22/mo for 4 classes/mo
Code: 706204
Instructor: Wendy Dolan

Pilates II – Strength & Core

Shape & tone your muscles and core: With music pumping, this energizing 30-minute class merges intermediate Pilates sculpting exercises with upper body strength training. This class will leave you feeling invigorated!

Ages: 13 yrs & up
Days / Time: Wed / 5:10-5:40 PM
Session / Fee: \$22/mo for 4 classes/mo
Code: 706403
Instructor: Wendy Dolan

Pilates III – Core & Glutes Sculpt

Strengthen, Sculpt and Reshape your abdominal muscles, glutes, hips, legs and back. This 30-minute class fuses a concentrated sequence of Pilates sculpting exercises and floor barre with advanced lower body exercises. Get ready to be transformed!

Ages: 16 yrs & up
Days / Time: Mon / 6:05-6:35 PM
Session / Fee: \$25/mo for 4 classes/mo
with Sculpt Express: \$32/mo
Code: 706214
Instructor: Wendy Dolan

PiYo Fusion - NEW!

PiYo Fusion combines aspects of Pilates, yoga, floor barre and strength conditioning. With PiYo Fusion's unique exercises, you'll work the deepest layer of your abdominal muscles, increase your strength, flexibility and balance, improve your overall fitness level and leave feeling refreshed!

Ages: 13 yrs & up
Days / Time: Wed / 7:00-7:30 PM
Fee: \$25/mo for 4 classes/mo
Code: 706602
Instructor: Wendy Dolan

Pilates Sculpt Express

Pressed for time? This quick 15-minute sculpting class focuses on strengthening and toning your upper body while engaging your core. Experts say weight-bearing exercise staves off the risk of osteoporosis, boosts your immune system and helps fast-track weight loss. 15 Minute Sculpt Express: Efficient and Effective!

Ages: 13 yrs & up
Days / Time: Mon and/or Thur
5:45-6:00 PM
Fees: \$20/mo for 8 classes/mo
\$10/mo for 4 classes/mo
Codes: Mon / 706223, Thur / 706608
Unlimited / 706610, 2 classes/week
Monthly
Instructor: Wendy Dolan

CYCLELATES

The perfect blend: Cycling and Pilates. Flatten your abs, build core strength and increase flexibility with Pilates mat exercises. Burn lots of calories, get lean and build cardiovascular strength with indoor cycling. Cyclelates incorporates 25 minutes of Pilates followed by 25 minutes of cycling, to challenge all fitness levels. Core and Cardio: Get it all accomplished in just one workout!

Ages: 16 yrs & up
Days / Time: Mon / 7:00-8:00 PM
Fees: \$32/mo for 4 classes/mo
Code: 706251
Instructor: Wendy Dolan

POUND. rockout. workout.

Using Ripstix™ - weighted drumsticks, POUND is a full-body, easy-to-follow, power jam session, which combines light resistance with constant simulated drumming and Pilates, plyometrics and isometric movements. Bust calories and stress, strengthen and sculpt your arms, abs, thighs and glutes and drum your way to a leaner physique!

Ages: 13 yrs & up
Days / Time: Tue / 5:30-6:15 PM
Fees: \$28/mo for 4 classes/mo
Code: 706306
Instructor: Wendy Dolan

Cycle Fusion

Take the incredibly effective, calorie-busting workout of cycling and fuse it with total body conditioning to create an amazing cross-training experience!

Ages: 16 yrs & up
Days / Time: Wed / 6:00-6:50 PM
Fees: \$30/mo for 4 classes/mo
Code: 706308
Instructor: Wendy Dolan

***NOTE: There is an additional \$10 registration fee per class for non-members.**



Cycle Express - NEW

High fun energy and high cardio intensity. All levels welcome. Bring water and towel. Cycling shoes optional.

Ages: 16 yrs & up

Days / Time: Tue & Fri / 12:00-12:50 PM

Fees: \$40/mo for 8 classes/mo

Code: 706806

Instructor: Ana Story

Sunrise Cycle

Start your day off right with Sunrise Cycle. This 45 minute class set to music will energize your body and mind and burn some serious calories! Please arrive early for bike setup and bring water and a towel. Cycling shoes optional.

Ages: 16 yrs & up

Days / Time: Tue & Thur / 6:30-7:15 AM

Fees: \$40/mo for 8 classes/mo

Code: 706804

Instructor: Amanda Hawkins

Yoga Flow

Practiced to soothing music, this fun flow using breath-synchronized movement is a favorite; beginning with warm up poses to loosen and stretch the body and finishing with cool down poses that release the muscles allowing for a deep relaxation in Savasana at the end of class. Yoga will not only build strength, flexibility and relaxation, but is healing to the body and mind as well. No experience necessary; class is designed to give options for all levels.

Ages: 16 yrs and up

Days/Time: Tue/Thur 8:30-9:15 AM

Fee: \$50

No class May 5 or May 7

Code: 706809

Instructor: Lynne Clem

Lynne@YogaInDFW.com

Lunchtime Yoga

Take a break from your day and spend lunch gaining strength and flexibility! This 45- minute class will burn fat, clear your mind and build muscle. A focus will be placed on going through flow and increasing heart rate.

Ages: 16 yrs & up

Days / Time: Tue & Thur / 12:00-12:45 PM

Fees: \$50/month

Code: 706807

Instructor: Amanda Hawkins

REC Youth Performance Camp

Looking to increase agility, speed and strength? This class will focus on improving your game by working on skills to improve coordination and power!

Ages: 8-13 yrs

Fee: Jun & Jul - \$60 • Aug - \$45

Days / Time: Tue, Thur / 8:00-9:00 AM

Code: 706805

***NOTE: There is an additional \$10 registration fee per class for non-members.**

FIT CARLYLE EXPERIENCE

Earlybird Surge Fit

Start your day off with a jam packed 30 minute power workout that will help you make the changes you need to your health and fitness. This interval endurance workout will help you burn calories, feel stronger, lose weight and give you all the healthy benefits of a safe multi-level fun workout your body needs. Strengthen your core and entire body with free weights. Learn how to use your own body weight for full strength and total body changes. You will be motivated and given full attention as Carlyle trains this class for a fun energizing workout. Learn healthy tips for good nutrition and surge your way to a new you.

Ages: 11 yrs & up
Days / Time: Mon, Wed, Fri / 5:30-6:30 AM
Fee: \$80/month
Code: 706219

FitCarlyle Wellness Program

Join today and take charge of your health! In this program, learn to manage a variety of health issues such as high blood pressure, cholesterol, diabetes and stress through weight loss, exercise and nutrition education. Receive the specialized attention and motivation you're seeking to start your journey and reach your goals!

Ages: 11 yrs & up
Days / Time: Mon / 10:30-11:30 AM
Fee: \$50/month
Code: 706305

FitCarlyle's Trainer's Choice

Trainer's Choice is a great workout for all levels that will take you through every inch of your body using the best fat blasting, calorie burning, core strengthening, muscle confusion, cross training mix. Our fun, motivational, safe, dynamic workouts will have you achieving all your health and fitness goals. Class participants receive nutritional guidance and motivational information. Get healthy with us and have fun!

Ages: 11 yrs & up
Days / Times / Codes:
Mon / 8:30-9:15 AM / 706205
Fri / 8:30- 9:15 AM / 706607
Fee: \$35/month

Strength Stretch & Powerblast Plus

Total body strength training, light multi-level cardio and extensive abdominal, lower body and core exercises. Burn calories, tone, strengthen and sculpt your way to a healthy body!

Ages: 11 yrs & up
Day / Time / Code: Wed / 6:00-6:45 PM / 706504
Fee: \$35/month

Strength, Stretch & Flex

This popular class combines all the best and safest strength training exercises to guide you to a healthier, leaner body. Gain bone density, burn calories, build lean muscle and relieve stress using safe and effective exercises for your whole body. Class utilizes free weights, body bars, resistance training bands, stability balls, and Pilates exercises. Learn correct strength training techniques to achieve maximum results and develop a strong, sculpted body in a fun, motivational class. Bring ankle weights and a water bottle.

Ages: 11 yrs & up
Days / Times / Codes:
Wed / 8:30-9:15 AM / 706300
Sat / 9:00-9:45 AM / 706700
Fee: \$35/month

FitCarlyle Fitness Pass:

1 class • \$35
2 classes • \$58 (save \$12)
3 classes • \$75 (save \$30)
4 classes • \$95 (save \$45)
Instructor: Carlyle/ Team Carlyle

- All classes beginner to advanced friendly

- Participants who miss a class may attend any FitCarlyle class in the same session as a make-up.

***NOTE: There is an additional \$10 registration fee per class for non-members.**



KIDS PROGRAMS

Early Achiever's Preschool Academy

Academic Pre-School Program for 3-5 year olds.

This fun-filled Preschool class utilizes a hands-on theme based Yearly curriculum that focuses on the academic, social, emotional, physical and creative development of each student. areas of reading, writing, science, safety, health, social studies, math, art, music and movement are included. Fun learning activities, include language, music and art appreciation, visual and spatial perception, logical and mathematical calculation, social interaction, fine and gross motor skills, phonetic awareness and building alphabet skills including letter identification, providing a strong foundation for further developing reading skills.

Curriculum also includes concepts in math and science as well as developing fine and gross motor skills through fun group activities. Hands-on, manipulative activities are the basis of the math program. Students reinforce number recognition and counting, as well as develop essential skills in graphing, measuring, beginning geometry and concepts of time and money. Ratio of 1:10. Please bring a snack. Please call 972.567.1771 for more info, or email info@rarelearning.com.

Ages: 3 – 5 yrs
Day / Time: Tue, Fri / 9:30 AM -12:00 PM
Code: 708315
Cost: \$109

Sessions:
May (05) • May 5–29
June (06) • Jun 2–26
July (07) • Jul 7–31
Aug (08) • Aug 4-28

Additional Info: \$10 supply fee paid to instructor first day of class.

Ballet/Tap for Pre-School

Ages: 3-5 yrs
Day / Time: Sat / 10:00-10:40 AM
Instructor: Mrs. Shelby
Cost: \$42/mo
Code: 708701

Ballet/Tap

Ages: 6-12 yrs
Day / Time: Sat / 10:45-11:25 AM
Instructor: Mrs. Shelby
Cost: \$42/mo
Code: 705700

Jazz / Hip Hop

Ages: 6-12 yrs
Day / Time: Sat / 11:30 AM-12:15 PM
Instructor: Mrs. Shelby
Cost: \$42/mo
Code: 708700

Additional Information:

Siblings receive \$5 discount. Ballet shoes, leotards and tights required for all dance classes. Tap shoes required for tap classes.

Pre-School Gymnastics

This class is designed to promote physical activity and motor skill development. Basic gymnastics skills such as rolls, bridges, handstands and cartwheels will be introduced. Students will also be exposed to other gymnastic equipment as the balance beam.

Ages: 3-5 yrs
Day / Time: Tue / 4:15-5:00 PM
Monthly (4 wks)
Code: 708205
Cost: \$32/mo
Instructor: Gypsy Mishoe

Beginning Gymnastics 1

This class is designed as an introduction to gymnastics. Students will learn floor skills such as rolls, cartwheels, handstands and backbends. Students will also be introduced to the balance beam and vault.

Ages: Kindergarten–7 yrs
Day / Time: Tue / 4:15-5:00 PM
Monthly (4 wks)
Code: 709327
Cost: \$32/mo
Instructor: Gypsy Mishoe

Beginning Gymnastics 2

This class is designed for older children who have little experience with gymnastics. Students will learn floor skills such as rolls, cartwheels, hand stands and backbends. Students will also be introduced to the balance beam and vault.

Ages: 8–12 yrs
Day / Time: Tue / 5:00–5:45 PM
Monthly (4 wks)
Code: 709202
Cost: \$32/mo
Instructor: Gypsy Mishoe

Advanced Intermediate Gymnastics

This class is designed for the young gymnast who has already mastered the basic skills of the sport. Students entering this class should be able to do a cartwheel, a handstand and a backbend with little or no assistance. We will be working on more advanced skills such as front and back walk-overs and handsprings. Students will also spend a portion of each class developing flexibility and strength.

Ages: 7–14 yrs
Day / Time: Tue / 5:00–5:45 PM
Monthly (4 wks)
Code: 709328
Cost: \$32/mo
Instructor: Gypsy Mishoe

Kreative Kids Camp

Imagine the fun your little artist will have creating Father's Day Gifts, 4th of July candy dishes, personalized beach bags, minion t-shirts, handprint fish towels, and much more!!

Ages: 3-9 yrs
Day / Time: Wed / 2:15-3:15 PM
Code: 708409
Session / Fee: 05 (6 wks) / \$75
Class Dates: Jun 10, 17, 24, Jul 1, 8, 15
Instructor: Ms. DeLaine
Additional info: \$5 supply fee to be paid to the instructor.

***NOTE: There is an additional \$10 registration fee per class for non-members.**

Lil' Chefs Camp

Lil' Chefs is a hands on creative class where our "chefs" in training will learn to mix, measure, whip, decorate and taste! We will make: minion cupcakes, ocean dessert, octopus hotdogs, silly snake bread sticks, 4th of July flag cake, pizza pockets, homemade slurpees and much more!

Ages: 3-8 yrs

Day / Time: Wed / 1:00-2:00 PM

Code: 708406

Class Dates: Jun 10, 17, 24, Jul 1, 8, 15

Session / Fee: 05 (6 wks) / \$75

Instructor: Ms. DeLaine

Additional info: \$5 supply fee to be paid to the instructor.

FINE ARTS

Art Class

Learn to mix colors and color theory, paint in different styles and media with acrylics and oils.

Ages: 10 yrs & up

Day / Time: Tue / 6:00-7:30 PM

Monthly (4 wks)

Code: 705202

Cost: \$48/mo

Instructor: Rexana Ostuni

Supplies: Canvas, paper or board, paint brushes (flat; small, medium and large table easel). Paint will be furnished by instructor.

Additional Info: Before taking Advanced Art Class, students must complete Drawing & Pastels.

Drawing & Pastels

Drawing from basic shapes, landscapes, perspective, still life and animals. Drawings will be finished in a pencil or pastels.

Ages: 6-12 yrs

Day / Time: Tue / 4:30-5:45 PM

Monthly (4 wks)

Code: 705218

Cost: \$45/mo

Instructor: Rexana Ostuni

Supplies: bring 11"x14" drawing tablet and #2 pencils. Pastels will be supplied by the instructor.

Paint Along

Paint an ocean sunset in bright vibrant colors in acrylic paint on a 16x20 canvas. Directed by instructor and painted as a group. Paint to completion.

Ages: 10-up (adults welcome)

Session / Fee: 08 / \$45

Class Code: 705219

Day / Time: Aug 4 / 6:00-9:00 PM

Instructor: Rexana Ostuni

Additional info: Paint and canvas will be supplied. Space is limited so register early.

Learning to Play the Guitar

Introduction to the guitar in a relaxed group environment. Basic guitar technique will include: holding, tuning, hand position, timing and learning of notes on the first three strings. You will also learn some guitar methods and theory, including, strumming, reading tabs and finger picking.

This is a great class for children and adults.

Ages / Day / Time / Code:

6-12 / Tue / 6:00-6:55 PM / 705203

13 - Up / Tue / 7:00-7:55 PM / 705204

Monthly (4 wks)

Cost: \$36/mo

Instructor: Presley Miller

Additional Info: Students must bring their own electric or acoustic guitar to class.

Line Dancing

Party Dances & Country Favorites

Enjoy learning some of the most popular line Dances such as the Cupid Shuffle, Copperhead Road, Ms. Jody's Thang, K-Wang and more. Popular country western line dances will also be taught. It's a great workout and a fun way to meet new friends! Dress comfortably and wear shoes you can turn and spin in! Bring bottle water and a towel.

Ages: 14 years and older

Day / Time: Tues / 7:15 - 8:15 PM

Monthly (4 wks)

Code: 705306

Single: \$30/mo • Couple: \$47/mo

Instructor: Dance With Me Studio

Dancing as a Star

Country & Western Style

Enjoy learning to dance with a partner in a fun-filled atmosphere. We'll start with the two step and some waltz and finish with some east coast swing. It's a great exercise and a nice way to meet new friends. It's also a great way to get a head start on learning to dance at public dance clubs.

Ages: 14 years and older

Day / Time: Thur / 7:05-8:05 PM

Monthly (4 wks)

Code: 705305

Single: \$30/mo • Couple: \$47/mo

Instructor: Dance With Me Studio

Dancing As a Star

Ballroom Style

Enjoy learning how to dance with a partner in a fun-filled atmosphere. We will cover a variety of social dances including the waltz, east coast swing, foxtrot and salsa. It's a great exercise, tons of fun, easy to learn and a great way to meet new people. No partners needed!! Volunteer rotation offered. Dance With Me offers dance socials the second and fourth Saturday of the month where you can practice what you learn.

Ages: 14 years and older

Day / Time: Thurs / 8:05-9:05 PM

Monthly (4 wks)

Code: 705503

Single: \$30/mo • Couple: \$47/mo

Instructor: Dance With Me Studio

***NOTE: There is an additional \$10 registration fee per class for non-members.**



Texas Social Dance (NEW)

Two dances scheduled; Two Step & East Coast Swing. Plans include a rotation of two dances every month based on the selection chosen by the class. Class opens up for more participants at the start of each session. Invite your friends. The class begins with the basic and progresses with each class by reviewing and adding new patterns. No partners needed. We offer volunteer rotation. Great exercise, great way to meet new friends and great fun!

Ages: 14 and up

Day / Time: Sun / 3:00–4:30 PM

Monthly (4 wks)

Code: 705307

Single: \$45/mo • Couple: \$67/mo

Instructor: Cyndi Dorber

Belly Dance: Improv Tribal Style

In this class you will learn Improv Tribal Style belly dancing (ITS) with an introduction to the fundamentals of tribal movement, partner work, isolations, strength building, and drills for muscle memory. Geared toward the new student, but vital to continuing students for refinement, this class establishes a strong foundation for every dancer and is instrumental in familiarizing students specifically with the ITS format. This is a low impact dance suitable for all ages and body types.

Ages: 14 and up

Day / Time: Wed / 8:15–9:15 PM

Monthly (4 wks)

Class Code: 709110

Cost: \$28/mo

Instructor: Tiffany Skalberg

For more info go to: Tribalevolution.com

***NOTE: There is an additional \$10 registration fee per class for non-members.**

Spanish: The Next Level (NEW)

If you had taken Spanish 1 and you only speak Spanish in the present tense, but are wondering how to use the past tense in Spanish, this class is for you. In this class, you will learn proper pronunciation while learning the past tense verb conjugation and grammar. During the class, you will practice and develop your conversation ability. To maximize your learning, the format of the class is interactive dialog with the instructor. This is a dynamic and engaging class, and includes music, pronunciation and useful vocabulary. Active participation is expected of all students. There is a \$10 supply fee paid to instructor first day of class.

Ages: 14 and up

Day / Time: Thur / 6:00–8:00 PM

Monthly (4 wks)

Code: 709591

Cost: \$50/mo

Instructor: Gloria Novak

Clogging

Want to learn to clog? Well getting started is easy and fun. You don't need a partner or any previous dance experience. Clogging is a great multi-generational family activity. You will learn the 8 basic steps and some fun dances! Shoes and taps are required and may be ordered. We will have shoe and tap info at the first class.

Day: Mon

Level / Time / Code:

Beginning / 7:00–7:35 PM / 709221

Easy / 7:40–8:15 PM / 709220

Int / 8:20–8:55 PM / 709222

Adv / 9:00–9:30 PM / 709223

Session: 06, 07, 08

Monthly (4 wks)

Cost: \$20/mo

Instructor: John Pryor

Info: Beginner lessons start in June.





SPECIAL INTEREST

Concealed Handgun License Class

This one day (6 hr) course will cover use of force, handgun safety, prohibited carry laws, scenarios, concealment methods and much more. Course includes both written and proficiency (shooting) exams.

Ages: 21 and up

Day / Time: Sat / 8:00 AM–3:00 PM

Sessions / Date:

05-May 9

06-Jun 13

07-Jul 18

08-Aug 8

Code: 709795

Cost: \$60

Instructor: Dallas Kaemmerling

Additional Info: For more information call 817.676.1467 or email at dallas@mykcrew.net. There will be a one hour lunch break. Additional gun range fee of \$15 paid to the instructor.

Babysitter's American Red Cross Training

This eight-hour babysitting course covers a variety of topics including: preventing accidents and illnesses, basic first aid, reviewing choking procedures, rescue breathing and making professional decisions in babysitting. The class is 90% participation. All successful participants will receive a babysitting training book the day of class. There will be a 30-minute lunch break for lunch. Please provide your own lunch, snacks and drinks.

Ages: 11 yrs & up

Day / Time: Sat / 9:00 AM–4:00 PM

Sessions / Date: 06-Jun 13, 07-Jul 25

Code: 709703

Cost: \$75

Instructor: ARC Certified Instructor

Community First Aid & Safety

This course prepares you to rescue victims who are experiencing cardiopulmonary distress. Course includes information on adult, child and infant CPR, along with first aid for a variety of conditions including bleeding, injuries to bones, muscles and joints, sudden illness and heat and cold injuries. Successful participants earn two certificates: American Red Cross Community CPR (valid for 2 years), and ARC Community First Aid (valid for 2 years).

Ages: 10 yrs & up

Day / Time: Sat / 9:00 AM–4:00 PM

Sessions / Date: 06-Jun 20, 07-Jul 18

Code: 709702

Cost: \$77

Instructor: ARC Certified Instructor

Defensive Driving

Bright Driver is a National Safety Council defensive driving course for all individuals that need an auto insurance discount and/or need to dismiss a traffic citation. This is a six hour course that can also be used a corporate safety course to a dismiss a traffic citation anywhere in the United States.

Ages: 16 and up

Day/Time: Sat / 9:00 AM–4:00 PM

Sessions / Date:

05-May 2

06-June 6

07-July 11

08-Aug. 1

Code: 709736

Cost: \$35/mo

Instructor: J. T. Brinson

Website: www.brightdriversafety.com

***NOTE: There is an additional \$10 registration fee per class for non-members.**

SUMMER CAMPS

Mad Science

Claws, Codes & Comets

Take a new look at the world around you during this exciting summer camp! Learn how to create codes so you can pass secret messages, protect the planet, understand how to eat like different animals and learn about space during class.

Ages: 3-6 yrs

Fee: \$155

Date / Time:

Jun 8-12 / 9:00 AM-12:00 PM

Code: 703982-05

Instructor: Mad Science

Let's Get Growing

Mad Science invites you to play in the garden in this exciting camp. Dissect soils and seeds. Investigate sun, wind and rain. Make your own sun visor. Explore living plants and leaves and discover the art of rubbings. See and make different bugs and creepy crawlers. Explore the life of a caterpillar. Finally make a mural of the garden with your fellow campers.

Ages: 3-6 yrs

Fee: \$155

Date / Time:

Jun 8-12 / 1:00-4:00 PM

Code: 703919-05

Instructor: Mad Science

Red Hot Robots

Join us in red-hot robot exploration! Discover inner workings of robots, experimenting with circuits, sensors and power supplies. Explore sound sensing, line tracking and solar power robots. Become a robot engineer, building your own robot to keep!

Ages: 7-11 yrs

Fee: \$165

Dates / Time:

Jun 22-26 / 9:00 AM-12:00 PM

Code: 703985-05

Instructor: Mad Science

STEM Genius: Science & Tech

This summer dig into STEM to be even smarter when you go back to school. Team up with friends to strengthen your understanding of Science (Understanding Nature) and technology (modifying the world to improve human comfort).

Ages: 7-11 yrs

Fee: \$155

Dates / Time:

Jun 22-26 / 1:00-4:00 PM

Code: 703912-05

Instructor: Mad Science

Forensic Lab a la CSI

Join in CSI style forensics in a hands-on look at crime scenes. Identify and collect evidence from finger prints to trash! Recreate the scene of a crime using clues. Detect suspects using science in this investigation into the science of sleuthing.

Ages: 6-10 yrs

Fee: \$155

Dates / Time:

Jun 29-Jul 3 / 9:00 AM-12:00 PM

Code: 703986-05

Instructor: Mad Science

Rockin' Rockets

It's a bird! It's a plane! No, it's everything from the earliest flying machines to the first rocket flight. Mad Science invites you to launch your knowledge of rockets. This is your chance to be a rocket scientist as you build your very own rocket.

Ages: 6-10 yrs

Fee: \$155

Dates / Time:

Jun 29 - Jul 3 / 1:00-4:00 PM

Code: 709387-05

Instructor: Mad Science

Eureka

While Thomas Edison said invention is 10% inspiration and 90% perspiration, this camp is 100% fun! With a little ingenuity, campers overcome challenges using basic materials, simple machines, tips from famous inventors and most important-their MIND.

Ages: 6-10 yrs

Fee: \$155

Dates / Time:

Jul 6-10 / 9:00 AM-12:00 PM

Code: 703993-05

Instructor: Mad Science

Earth: The Amazing Planet

Science is all around us: deep in the earth to high in the sky! Protect our awesome planet, make recycled paper and experiment with pollution solutions. Investigate animals and make a cast of an animal footprint to keep.

Ages: 6-10 yrs

Fee: \$155

Dates / Time:

Jul 6-10 / 1:00-4:00 PM

Code: 703994-05

Instructor: Mad Science

Mad Science All-Stars

You are chosen to participate on the Mad Science ALL star team! Your team will build super structures, create volcanic eruptions and examine volcanic-magma rock. Soar high above as you build a glider and experiment with lift and aerodynamics.

Ages: 6-10 yrs

Fee: \$155

Dates / Time:

Jul 13-17 / 9:00 AM-12:00 PM

Code: 703980-05

Instructor: Mad Science

***NOTE: There is an additional \$10 registration fee per class for non-members.**



Bubbles, Smoke, Explosions

Have fun with chemistry at an exciting camp! Make a crystal garden and synthesize your own slime. Learn about our solar system, making a comet with everyday items. Have a shocking time with a Van de Graaff generator and experience lighting up close

Ages: 6-10 yrs

Fee: \$155

Dates / Time:

Jul 13-17 / 1:00-4:00 PM

Code: 703913-05

Instructor: Mad Science

Rocket Ride to Space

Blast-off your knowledge of flight! This camp is an exciting study on rockets. Campers build their own rocket and planes, experiment with propulsion systems, launch and recover rockets. Each day campers create amazing things to take home.

Ages: 6-10 yrs

Fee: \$155

Dates / Time:

Jun 27-31 / 9:00 AM-12:00 PM

Code: 703991-05

Instructor: Mad Science

Robot Mania

Learn all about robotics in our world today and How technology will continue to affect our future! Discover robots of all kinds: sound-sensing, line-Tracking, amphibious, even soccer-playing. During camp, build your very own working robot to keep.

Ages: 6-10 yrs

Fee: \$155

Dates / Time:

Jul 27-31 / 1:00-4:00 PM

Code: 703918-05

Instructor: Mad Science

Inventions Galore

Creative Contraption Warning! Inspire the scientist in you in a camp designed by you – the Inventor! Each day, overcome a series of challenges using your mind. Investigate the awesome inventions created before modern science began.

Ages: 6-10 yrs

Fee: \$155

Dates / Time:

Aug 3-7 / 9:00AM-12:00 PM

Code: 703928-05

Instructor: Mad Science

Secret Agent Lab

Learn to spy- oh, my! James Bond? MacGyver? Do you Have what it takes to discover “who done it”? If so, this camp is for you. Explore secret communications, detective crime science, inner workings of our cells and cool chemistry.

Ages: 6-10 yrs

Fee: \$155

Dates / Time:

Aug 3-7 / 1:00-4:00 PM

Code: 703914-05

Instructor: Mad Science

Fast Forward

Lego Logo

Lego Logo brings technicians into a creative, engineering environment. Not found in stores, the special Lego Logo kits provide extraordinary opportunities for hands-on construction. Under the guidance of a certified educator, along with detailed technical plans to follow, the participants will build robots, race cars, four by four trucks, cranes, pulleys, levers and more during this energized week of discovery with Lego.

Ages: 8-12 yrs

Dates / Times:

July 20-24 / 9:00-11:00 AM

Code: 703907-05

Fee: \$100

Instructor: Fast Forward

Lego Designer

Come and exercise your Lego skills here in ways you haven't done before! The unique collection of Lego kits will captivate young minds. Careful guidance from the teacher will allow students to flourish with ideas and overcome obstacles. Individual and team projects will provide opportunities for your child to expand their creativity and social skills as they work toward common goal. This class will surely inspire all Lego enthusiasts!

Ages: 4-7 yrs

Dates / Times:

July 20-24 / 11:30 AM-1:30 PM

Code: 703909-05

Fee: \$100

Instructor: Fast Forward

Lego Mania

No building can say “Lego my Lego!” when engaged in the creative activities of LEGO MANIA! “Zillions” of pieces ensure that there is always enough for everyone! This innovative program for Lego buffs provides opportunities for imagination and hands-on learning under the guidance of a certified educator. Over 15 new games, projects and activities not found in stores will be planned and manipulated. Enrichment in the areas of personal creativity, following instructions, eye-hand coordination, problem solving, critical thinking and learning will be experienced as the child has the opportunity to construct dinosaurs, rockets, castles, airplanes and much more!

Ages: 4-7 years

Dates / Times:

July 20-24 / 11:30 AM-1:30 PM

Code: 703910-05

Fee: \$100

Instructor: Fast Forward

***NOTE: There is an additional \$10 registration fee per class for non-members.**

Lego Expert

So you say you have done it all with Lego? Let Lego Expert teach you otherwise! Activity based projects that will incorporate physical science and math all into one. Instructors will facilitate, but students will do the creating! Give your creation the most torque and battle in the robotic tournaments. Real world team building activities will enhance their Engineering skill sets. Race against the clock and other teams to be the best Lego expert around!

Ages: 8-12 yrs

Dates / Times:

July 20-24 / 9:00-11:00 AM

Code: 703906-05

Fee: \$100

Instructor: Fast Forward

Survival Tactics Camp (NEW)

Wrapped in games and adventure, unique challenges await you. During survival situations, the four basic needs become shelter, water, fire and food. By introducing basic techniques, your child will learn how to purify water, signal for help, search for edible food, set up shelter, learn Army chants, plus much more! Team survival games will keep the training light and fun. This class is designed and essential for kids who like to challenge themselves physically and mentally. Enlist now before it's too late.

Ages: 8-12 yrs

Dates / Times:

July 20-24 / 2:00-4:00 PM

Code: 703989-05

Fee: \$100

Instructor: Fast Forward

LEAP Academy

Leap ahead with hands-on math, reading and science. Creative learning fun! Designed to inspire creations of things past, present and future. You will explore dinosaurs, prehistoric volcanoes, animals, food, transportation and our solar system. Artistic and social development will engage daily creations. Endless tracks and obstacle courses await every Hot Wheel's car lover as they discover the world of math and physical science. Measuring length and weight in various units will help in the identification of the fastest, most efficient car on the block. Eliminate academic summer regression while inspiring a love for lifelong learning.

Ages: 5-7 yrs

Dates / Times:

Jun 15-19 / 9:00-11:00 AM

Code: 703981-05

Fee: \$100

Instructor: Fast Forward

Fashion Designer

Young girls graduate from playing dress up to designing their own fashions by using the same design principles used by professionals. Principles including basic sketching techniques, coordinating colors for the best effect, mixing textures and patterns for scale and perception and cultural fashion history will be applied to each girls' individual style portfolio. Designs come to life with beautifully patterned papers, ribbons, sequins, jewels and oodles of other embellishments. Collaborative "design team" challenges make this hands on, minds-on adventure into the world of design very exciting. No sewing in this class.

Ages: 8-12 yrs

Dates / Times:

Jun 15-19 / 11:30 AM-1:30 PM

Code: 703901-05

Fee: \$100

Instructor: Fast Forward

Camp Barbie

At camp Barbie you will have loads of fun helping Barbie learn the many things she needs to know to become a great girl. You and Barbie will have a great time learning to dress for the occasion, practicing good manners, making new friends, importance of school work, how to use money, dreaming of careers, attending social functions, hearing great stories, practicing talents, cooking tips, art and much more! Non-stop activities, and fun learning adventures, all about self esteem development. Your certified teacher has developed a rich and meaningful curriculum full of objectives and supporting activities. Wonderful new ideas for creative

Ages: 4-8 yrs

Dates / Times:

Jun 15-19 / 11:30 AM-1:30 PM

Code: 703983-05

Fee: \$100

Instructor: Fast Forward

Gifted and Talented Expressions

Plan, create and construct a series of projects. Explore new challenges every day. Discover left and right brain experimentation. Sharpen visual and auditory skills. Using various materials, you will create unique projects. Creating a picture scrapbook, a superhero comic strip, artwork, jewelry and fashion creations are just some of the remarkable make and takes that you will produce to EXPRESS yourself!!

Ages: 8-12 yrs

Dates / Times:

Jun 15-19 / 2:00-4:00 PM

Code: 703996-05

Fee: \$100

Instructor: Fast Forward

***NOTE: There is an additional \$10 registration fee per class for non-members.**



Look at me, I'm an Author!

Whether your child struggles in writing or loves it, they will enjoy this class! This class is designed for all levels of writing whether they are just learning how to make a sentence or write a story. The scaffold instruction will make writing fun and not laborious as some writing instruction can be. Although grammar will be touched upon, the main focus is writing with voice in all genres from descriptive, narrative and informational. Making the reader of any writing laugh or think will be the goal. By the end of the week, your little one will be so proud of their writing, you might need to buy some frames to showcase the author's work!

Ages: 8-12 yrs

Dates / Times:

Jun 15-19 / 2:00-4:00 PM

Code: 703984-05

Fee: \$100

Instructor: Fast Forward

Youth Tech

Video Game Design

This camp provides students with a fun interactive look at the world of video game design and development. Students enrolled in this camp will learn the basics of video game design and produce several different interactive video games to share with their friends and family.

Ages: 10-17 yrs

Days / Fee: Mon-Thur / \$175

Dates / Time / Code:

Jul 6-9 / 1:00-4:00 PM / 703921-05

Jul 13-16 / 9:00 AM-12:00 PM / 703923-05

Instructor: Youth Tech Inc.

www.youthtechinc.com

Animation

In this camp students will learn the basics of animation and digital design. Students who enjoy going to various sites to see fun interactive animations will love this course. This camp will utilize Adobe's award winning animation software in Adobe Flash. Students will create fun interactive animations that they can share with the world.

Ages: 10-17 yrs

Days / Fee: Mon-Thur / \$165

Dates / Time / Code:

Jul 6-9 / 9:00 AM-12:00 PM / 703987-05

Instructor: Youth Tech Inc.

www.youthtechinc.com

Web Design

This camp provides an in-depth look at the world of web design and development. Students enrolled in this camp will learn how to build their own website from start to finish using an award winning suite of products. Students will have access to their website with free hosting for one year.

Ages: 10-17 yrs

Days / Fee: Mon-Thur / \$160

Day / Time / Code:

Jul 27-30 / 9:00 AM-12:00 PM / 703920-05

Instructor: Youth Tech Inc.

www.youthtechinc.com

Robotics

This camp offers hands-on opportunities to build and program robots. Working in small teams, students will design robotic systems to compete in fun real-world activities. Each day will be a new challenge, and your team's robot will have to morph to better adapt and compete. Students will compete in the battle of the bots competition at the end of the camp to prove their robot is the best. This class is perfect for the student who has a big imagination and likes to build things.

Ages: 10-17 yrs

Days / Fee: Mon-Thurs / \$165

Dates / Times / Code:

Jul 13-16 / 1:00-4:00 PM / 703922-05

Instructor: Youth Tech Inc.

www.youthtechinc.com

3D Game Design (NEW)

Video Game Design is a prerequisite for this camp. This camp offers an interactive look at the world of 3D game design. This awesome 3D video game design camp offers the chance for students to create and immerse themselves in a 3D world. If you are looking to design professional 3D games that both look and feel just like the ones you play at home, then you don't want to miss this course.

Ages: 10-17 yrs

Days / Fees: Mon-Thur / \$160

Dates / Time / Code:

Jul 27-30 / 1:00-4:00 PM / 703992-05

Instructor: Youth Tech Inc.

www.youthtechinc.com

Independent Camps

Glamour Girls

Spend a week creating your own beauty products! You will learn to make your own lip balm, nail polish, fancy bath soap, bath bombs and more. Students will create their own specialized shades and scents, even adding glitter. Students will also learn three creative nail polish techniques.

Ages: 6-12 yrs

Dates / Time: Aug 3-7 / 2:00-4:00 PM

Code/Fee: 703995-05 / \$160

Instructor: Elizabeth Mellott
& Laurel Derr

Everything Chocolate

In this camp you will become skilled in making and decorating chocolates. You will create (and decorate) filled chocolates, dipped chocolates and dropped chocolates. You will create edible art pieces, including peanut butter cups, coconut haystacks and peanut drops.

Ages: 6-12 yrs

Dates / Time: Jul 20-24 / 2:00-4:00 PM

Code / Fee: 703990-05 / \$160

Instructor: Elizabeth Mellott
& Laurel Derr

***NOTE: There is an additional \$10 registration fee per class for non-members.**



Art Camp (NEW)

In this camp students will learn to mix colors and make a color wheel, work with water colors and acrylic paints and paint as a group directed by instructor. Subjects such as flowers, landscapes and animals will be drawn/painted. All supplies will be furnished.

Ages: 6-12 yrs

Fee: \$140

Dates / Time / Code:

Jun 22-26 / 10:00 AM-12:00 PM / 703975-05

Jul 27-31 / 10:00 AM-12:00 PM / 703976-05

Instructor: Rexana Ostuni

Be a Magician! (NEW)

Master simple sleight-of-hand and illusion effects to amaze your family and friends! Designed for children 8-12 years of age, this beginner magic course is taught by professional magicians from the Illusion Warehouse magic shop in Ft. Worth. A combination of magic tricks that use everyday objects from around the home as well as effects from the magic shop will be taught. The course helps children learn presentation and theatrical skills, and the ability to speak and perform in front of a live audience. On the last day, students will perform a magic show using the tricks and skills they have learned during the five day long week camp.

Ages: 8-12

Fee: \$150

Dates / Time / Code:

Jun 22-26 / 9:00 AM-12:00 PM / 703971-05

Jul 13-17 / 9:00 AM-12:00 PM / 703972-05

Instructors: Bruce and Bronson Chadwick

Additional Info: Each camper will get to take a beginner's magician's kit home with them.

The REC SUMMER CAMP 2015

This is the best way to spend your summer. Campers are led in activities planned for them each week. Campers will be taken on an offsite field trip twice a month. The three sessions offered coincide with the GCISD School summer break. Two classes per session, meet five times per week (M-F). Get ready for the best summer ever!

Ages: 7-12 yrs

Sessions / Fees:

06 / Jun 4-30 / \$185^

07 / Jul 1-31 / \$185^

08 / Aug 3-21 / \$170^

^per morning **or** afternoon session

Time / Codes:

8:00 AM-12:30 PM / 703924

1:30-6:00 PM / 703925

Note: The field trips cost and camp t-shirt fee is not included in the camp fee. Camp t-shirts are \$10 per shirt and will be sold during camp. Camp t-shirts are required to go on field trips. A maximum of three HERO candidates allowed per session. Campers must bring a sack lunch if staying the entire day. Please provide your camper with a daily snack. Campers should not be dropped off before 7:45 AM.

Digital Photography Camp

Digital photography camp by RARE Learning is a specialized program that will introduce the student to the art of photography. Students will have the opportunity to learn about the introductory aspects of digital photography including composition, lighting a subject, use of lenses, and digital editing.

Ages: 9-15 yrs

Dates / Time / Code:

Jun 8-12 / 1:00-4:00 PM / 703926-06

Aug 3-7 / 9:00 AM-12:00 PM / 703927-06

Fee: \$149

Instructor: RARE Learning

For more information, please contact RARE Learning at 972 567-1771 or Info@rarelearning.com

Film-Making Camp

This is a five day video production camp that teaches digital video filming, editing and production techniques. It is designed to generate an interest in critical observation and communications by engaging 9-15 year olds in film-making projects. Students will complete a film as a group project and will "premier" the film for the parents on the last day of class. All supporting materials are supplied.

Ages: 9-15 yrs

Dates / Time / Code:

Jun 22-26 / 1:00-4:00 PM / 703931-05

Jul 27-31 / 1:00-4:00 PM / 703935-05

Fee: \$149

Instructor: RARE Learning

For more information 972 567-1771 or info@rarelearning.com or www.filmmakingforfun.com

RARE Learning

Go-Getter's Summer Enrichment Program • 1st to 4th Grade

With a strong focus on individualized curriculum in reading, math and science, RARE classes are geared towards giving students a head start in the grade level that they are and helping to prevent summer learning loss.

Ages: 6-9 yrs

Day / Time: Tue, Thur / 1:00-4:00 PM

Fee: \$99 / 2 wks

Dates / Codes

Jun 9-18 / 709471-05

Jun 23-Jul 2 / 709472-05

Jul 7-16 / 709473-05

Jul 21-30 / 709474-05

Aug 4-13 / 709475-05

Additional Info: \$10 supply fee payable to the instructor, due first day of each session. Please bring a snack. For more information or to inquire about our sibling and referral discounts, please call 972-567-1771 or email info@rarelearning.com.

***NOTE: There is an additional \$10 registration fee per class for non-members.**

Zombie Survival Camp

It's not IF the zombies will ever attack, it's WHEN they attack. Will you be prepared to survive in a world without TVs and computer screens?! Zombie Survival Camp will prepare you for the best and worst conditions. You will learn many survival skills such as building shelters, making safe fires for cooking and warmth, first aid, plant identification and most importantly - how to work as a team. With the threat always looming, you'll also learn self defense and other tactics to safely fend off the biters' attack. You can even learn to take aim and color-up our zombies in the paintball gallery. At the end of the week, you can put all of your skills to the test as you attempt to survive an actual "zombie attack". Will you have what it takes to survive the undead?!

Ages: 7-12 yrs

Dates / Site / Code:

Jun 8-12 / Parr Park / 777700-Z1

Jun 15-19 / Lakeview Park / 777700-Z2

Jun 22-26 / Parr Park / 777700-Z3

Jul 13-17 / Lakeview Park / 777700-Z4

Jul 20-24 / Parr Park / 777700-Z5

Jul 27-31 / Lakeview Park / 777700-Z6

Time: 9:00 AM-12:00 PM

Fee: Resident-\$130 / Non-Res-\$150

Note: group discounts available; please call 817.410.3398 for more information

Jo-Ann's Little Dancers (NEW) Ballet/Tap Dance Camp

Dancers will learn a ballet and tap routine that they will perform the last day of the camp. This camp will also include story time, coloring and crafts and a bit of tumbling as well. Ballet tutu, wand and wings are included in the registration fee.

Ages: 3-5 yrs

Fee: \$120

Dates / Time / Code:

Butterfly Princess

Jun 22-26 / 10:30 AM-12:00 PM / 703977-05

Tippy Toe Teddy Bear

Jul 20-24 / 10:30 AM-12:00 PM / 703978-05

Instructor: Jo-Ann Ingram



KEEP CALM AND C.A.M.P.

Character **A**wareness while
Motivating young **P**eople
(BUILDING LEADERSHIP THROUGH
"CAMP")

Looking for something different for your **teen** to do this summer instead of staying at home? Join our friendly staff as campers enjoy a fun filled summer by going on exciting trips throughout the DFW area. This camp is designed to help mold young adults into leaders all while having fun at the same time. As a team working together, campers will do one community service project a week. This will help build teamwork, character, community spirit and awareness, caring hearts, responsibility and much more. Campers will also receive a letter of appreciation for all community service hours they complete during the summer.

The **Teen Camp** van will leave for field trips by 9:00 AM and return around 4:00 PM. Campers can be dropped off between 7:30-9:00 AM and picked up between 4:00-6:00 PM. During this time campers can hang out in our game room until heading out for the day or waiting to be picked up at the end of the day. Please provide your teen with lunch money or a packed lunch. You may also want to provide them with a few extra dollars for spending. The admission for each field trip is included in the registration fee.

Field trips will include: Six Flags, Main Event, Burger's Lake, Ft. Worth Zoo, Skate Town, Perot Museum, Dallas Aquarium, Mountasia, Summit Rock Climbing, Planetarium, Hawaiian Falls, Grapevine Mills Mall, Bass Pro, Cabelas, Frisbee Golf, Glade Pool, Dove Waterpark, Ft. Worth Museum of Science & History, the Movies and much much more!!! Parents will receive a weekly schedule of trips for that week on the Friday before.

*All trips are subject to change.

Ages: 12-15 yrs

Fee: \$175/week

Dates / Time / Code:

Jun 8-12 / 9:00 AM-4:00 PM / 709002-05

Jun 15-19 / 9:00 AM-4:00 PM / 709003-05

Jun 22-26 / 9:00 AM-4:00 PM / 709004-05

Jun 29-July 3 / 9:00 AM-4:00 PM / 709005-05

Jul 6-10 / 9:00 AM-4:00 PM / 709006-05

Jul 13-17 / 9:00 AM-4:00 PM / 709007-05

Jul 20-24 / 9:00 AM-4:00 PM / 709008-05

Jul 27-31 / 9:00 AM-4:00 PM / 709009-05

Aug 3-7 / 9:00 AM-4:00 PM / 708010-05

Additional Info: Each camper must purchase at least one camp t-shirt (\$10) for field trips.

***NOTE: There is an additional \$10 registration fee per class for non-members.**



EXCURSION CAMP

"Get off the Couch Week!" (NEW)

This camp is designed for the adventurer inside everyone us. This camp will take each participant on a different excursion each day. Please have your camper at the location of the excursion 15-20 minutes before the start so that they can be checked in. Campers need to wear the appropriate attire for each day. Space will be limited so register early. Get ready for a week of adventure and fun!

Kayaking:

Mon • 9:00 AM–12:00 PM

Meadowmere Park

3000 Meadowmere Grapevine, TX

Kayaking is a fast growing and diverse sport that all ages can learn. In this one-day adventure, campers will learn basic kayaking. Campers will learn six strokes to move your kayak in any direction. They will also learn safety on the water, how to transport, carry and enter/exit the boat and most importantly, how to get back in if you fall out! Classes taught by American Canoe Association certified instructors. All boats and gear are provided. Please wear appropriate attire for getting wet.

ATKids Adventure Day:

Tue • 9:00 AM–12:00 PM

Meadowmere Park, 3000 Meadowmere Grapevine, TX

Your best summers as a child weren't spent in front of the TV, at the controls of an arcade game, or in the soda and chips aisle of Walmart. Every child needs an adventurous summer, full of outdoor games and thrilling activities like kayaking, baseball, painting, swimming, nature walks, archery, and more! Summer camp is where friendships are formed and memories are made. Some may last a lifetime!

**Paddle Boarding:**

Wed • 9:00 AM–12:00 PM

Meadowmere Park, 3000 Meadowmere Grapevine, TX

This intro to Stand Up Paddle excursion will provide you with basic techniques needed to safely paddle, stand up and balance. We will cover wind, weather and water conditions. You will learn turning, sculling, drawing and multiple paddle techniques. In addition we'll discuss board selection and paddle sizing. You will leave the lesson with all the skills necessary to paddle with confidence. Please wear appropriate attire. A certified lifeguard will be provided.

Summit Climbing:

Thur • 9:00 AM–12:00 PM

1040 Mustang Dr. Grapevine, TX

This camp excursion will teach campers all about rock climbing. Campers will learn climbing skills such as technique, gear usage and safety, climbing routes, bouldering and strength/endurance. Many other life skills will be influenced as well, such as team work, problem solving, trust, concentration and communication.

Main Event:

Fri • 9:00 AM–12:00 PM

407 W. State Hwy 114 Grapevine, TX

Campers will learn bowling FUNdamentals and have 1.5 hours of bowling fun. Bowling shoes will be provided. Video game play and other activities will be available for the campers. Each camper will receive a cool camp t-shirt and lanyard. Lunch will be provided to all campers: entrée, drink & cookie (build your own pizza).

Registration Info:

Ages: 9–16 yrs

Days / Time:

Mon–Thur / 9:00 AM–12:00 PM

Fri / 9:00 AM–1:00 PM (Lunch Provided)

Code / Fee:

Jun 15–19 / 703973–05 / \$165

Jul 20–24 / 703974–05 / \$165

Additional Info:

Please wear appropriate attire for each excursion. Friday's excursion is 9:00 AM–1:00 PM and lunch will be provided. Life jackets will be required and provided for paddle boarding and kayaking.

YOUTH SPORTS

Athletics Staff: 817.410.3472 or 817.410.3457
Rainout Hotline: 817.410.3475 after 3:30 PM

For schedules and standings: playgrapevine.com
Registration Information: Space is limited-first come, first served!

***Late Registration Fee:** All youth & adult leagues are subject to a 10% late fee.

Athletic Refunds

If approved, all refunds may carry up to a 20% administration fee. For inquiries or a refund request form, please call 817.410.3472 or 817.410.3457.

Volunteer Youth Sports Coaches Needed:

For more information, please call 817.410.3472 or 817.410.3457. Background Checks: The City of Grapevine has a policy of conducting background checks on all volunteer sports coaches.

T.A.A.F.

The Texas Amateur Athletic Federation (T.A.A.F.) is a state federation providing competition beyond the local level. Currently, over 150 cities combine to establish and maintain the highest level of amateur sports in the state of Texas to promote the development of physical education and to encourage the standardization of rules in all amateur athletics, games and competitions. The objectives of T.A.A.F. are both charitable and educational. For more information, www.taaf.com

League Schedules:

We attempt to make every effort to accommodate schedule requests. However, we cannot guarantee all requests.

All Youth Sports Leagues:

A copy of child's birth certificate and team roster is mandatory and due at the coaches meeting.

Venue Alert:

The Parks & Recreation Department utilizes many facilities that are not owned and/or managed by the City of Grapevine for practices and games. In some cases after our schedules are set, we may receive notice that a particular facility is no longer available for use. In the event that this occurs and there is a last minute cancellation or change, we will make every attempt to notify each team of the change and re-schedule your practice or game.

Girl's Summer Youth Volleyball

Registration: May 20-Jun 2

Late Registration: Jun 3-9*

Ages: As of Sept 1, 2014

Divisions:

Girl's Individual		Girl's Team	
8 & Under	612406-12	8 & Under	612407-12
10 & Under	612400-12	10 & Under	612403-12
12 & Under	612401-12	12 & Under	612404-12
14 & Under	612402-12	14 & Under	612405-12

Fees: \$70-Individual Resident, \$80-Individual Non-Resident, \$330-Resident Team, \$350-Non-Resident Team
Coaches Meeting: Sat, Jun 13, 9:30 AM, GMS, 301 Pony Pkwy
Practices Begin: The week of Jun 21
Season Dates: Jul 11-Aug 15

Additional Info: Practices will be held at local GCISD facilities Sun-Thur. Coaches will sign-up for their teams practice site and time at the coaches meeting. jerseys are provided for the individual division only. this is a six-week league. For more information, call 817.410.3472 or 817.410.3457.

Higher Goals Basketball Camp

Dates	Times	Ages	Code	Site	Fee
Jun 15-19	9:00 AM-12:00 PM	7-16	603921-11	TBA	\$150
Jul 13-17	9:00 AM-12:00 PM	7-16	603921-12	TBA	\$150
Aug 10-14	9:00 AM-12:00 PM	7-16	603921-13	TBA	\$150

Camp Schedule will include daily detailed work in ball handling, shooting, rebounding, defense and passing. Camp will include daily life skills and basketball 101 sessions. Camp awards distributed!

Grapevine Volleyball Club (GVC) Camps

Our all-skills volleyball camp is designed and led by current and former Division 1 collegiate volleyball players. Each coach has IMPACT and/or CAP accreditation through USAV. Players will learn proper techniques for all skills needed to be a successful volleyball player. Camps will be fast paced to maximize instruction and touches. Players will be grouped according to age and skill level. The last session of each day will include small-sided games so players can apply what they have learned. Players need to bring kneepads, water and an extra pair of socks.

Please register by July 20 for summer session to ensure you receive a camp T-shirt. For more information regarding coaching staff, visit grapevinevolleyball.com.

Dates	Times	Ages	Code	Site	Fee
Aug 3-6	1:00-4:00 PM	4th-8th grade	603909-11	GCISD	\$120

Youth Sports Associations

Grapevine Baseball & Softball Association (GBSA)

Recreational Baseball & Softball: Ages: 3–18
Select Baseball: Ages 8–18 (must attend tryouts and subsequently be selected for a team)
Select Softball: Ages 10–18 (must attend tryouts and subsequently be selected for a team)

Spring Registration: Online registration will begin in December at gbsa.org. If registering online, must pay with credit card. If mailing registration form with a check, mail to: GBSA – Registration, PO Box 1732, Grapevine, TX 76099.

Fall Registration: Online registration will begin in June at gbsa.org. If registering online, must pay with credit card. If mailing registration form with a check, mail to: GBSA – Registration, PO Box 1732, Grapevine, TX 76099

For more information, please visit gbsa.org or contact us at 817.329.5505.

Sign up for our mailing list at gbsa.org to be informed of registration dates, select tryouts, rainouts and other important information.

Grapevine & Colleyville Youth Football Association (GCYFA)

Fall 2015 • Football Season

Tackle Divisions: 2nd–6th grades in Fall 2015
Flag Division: Kindergarten through 1st grade in Fall 2015
Season dates: Sept through early Nov
Registration: Online in Apr

- Players play in divisions based on school grade (2015–16 school calendar)
- Player eligibility: Must be a Grapevine or Colleyville resident and/or attend GCISD school
- Other Associations participating in the league include Southlake, Northwest, Trophy Club/Roanoke and Coppell

Spring 2016 • 7-on-7 Touch Football Season

Season Dates: Mid-Apr through early Jun
Registration: Online in late Jan

- Non-contact and no tackle football
- Players play in divisions based on school grade (2015–16 school calendar) 1st through 8th grade
- Player eligibility: Must be a Grapevine or Colleyville resident and/or attend GCISD school
- Other Associations participating in the league include Southlake, Northwest, Trophy Club/Roanoke, and Coppell

More information and registration at: gcyfa.org

Grapevine Southlake Soccer Association (GSSA)

Recreational Soccer: Ages 3–Adult

Fall Season: Early Sept through mid-Nov
Spring Season: Early Mar through mid-May
Registration: May-Jul for Fall • Nov-Jan for Spring
Website: gssasoccer.org
Office Phone: 817.410.9950

More Information: Soccer is a sport that focuses on teamwork rather than emphasizing individual performance. Grapevine-Southlake Soccer Association promotes recreational soccer, where children of all abilities and experience levels are encouraged to participate. Teams are coached by volunteer parents and may practice one or two evenings per week (depending on age). A minimum of eight games are played each season, mostly on Saturdays. GSSA is offering adult leagues for summer, fall and spring.

Grapevine Youth Wrestling (GYW)

GYW is the newest association in town. Come out and join them during workouts. They practice on Tuesdays and Thursdays in the fall and spring and then to Wednesdays for summer workouts.

Site: GCISD facilities

Day / Time: Tue and Thur / 7:00–8:30 PM

Coach: Waymon Mays

Additional Info: Contact Waymon Mays at waymon.mays@gcisd.net



ADULT SPORTS

Summer Men's Basketball

Days / Divisions / Codes:

Mon Recreational 611200-13
Wed Recreational 611400-13

Game Site: TBA – GCISD facilities

Ages: 16 yrs & up

Registration: Jun 7-14

Late Registration: Jun 15-22*

Fee: \$320/team

Season Dates: Jun 29-Aug 19 (7 wk season)

Team Information: Available online on Jun 25 after 12:00 PM

Adult Softball

Day / Divisions / Codes / Fees:

Sun	COED For Fun	611101	\$190
	Men's D	611102	\$340
	Men's E	611104	\$340
	Men's Super D	611105	\$340
Tue	Men's Church	611301	\$340
	Men's D	611303	\$340
Wed	Men's D	611401	\$340
	Men's E	611402	\$340
	Men's Super E	611406	\$340
Thur	Men's Super D	611501	\$340
	Men's D	611502	\$340
Fri	COED Rec.	611600	\$340
	Men's E	611601	\$340

Summer Season (Section 12)

Registration: Apr 12-19

Late Registration: Apr 21-27*

Team Information: Available online May 7 after 12:00 PM

Season Dates: May 17-Jul 31

Additional Information: All games are played at Oak Grove Softball Complex, 2700 Dove Loop North

Fall Season (Section 13)

Registration: Jul 12-19

Late Registration: Jul 20-27*

Team Information: Available online Jul 30 after 12:00 PM

Season Dates: Aug 16-Oct 23

Additional Information: All games are played at Oak Grove Softball Complex, 2700 Dove Loop North

Summer Sand COED Volleyball

Days / Divisions / Codes:

Wed COED For Fun 611403-12
Thur COED Recreational 611503-12

Site: Dove Park, 1509 Hood Ln

Ages / Fee: 16 yrs & up / \$170 per team

Registration: Jun 14-21

Late Registration: Jun 22-29*

Team Information: Available online Jul 3 after 12:00 PM

Season Dates: Jul 8-Sept 17 (10 wk season)

COED Kickball

Game Site: Oak Grove Softball Complex

2700 Dove Loop Lane North

Ages: 16 & up

Summer (Section 12)

Days / Division / Code:

Mon COED Recreational 611701

Registration: Apr 12-19

Late Registration: Apr 20-27*

Fee: \$340/team

Team Information: Available online May 7 after 12:00 PM

Season Dates: May 18-Jul 27

Fall (Section 13)

Days / Division / Code:

Mon COED Recreational 611701

Registration: Jul 12-19

Late Registration: Jul 20-27*

Fee: \$340/team

Team Information: Available online Jul 30 after 12:00 PM

Season Dates: Aug 17-Oct 19

Lake Grapevine Runners and Walkers Club (LGRAW)

LGRAW is a local non-profit organization dedicated to promoting running, walking and fitness in the Lake Grapevine area. Saturday and Sunday mornings are informal group runs in the Oak Grove Park area. For more information, please visit runnersandwalkers.com



Grapevine Tennis

All tennis classes and activities take place at the Dove Park Tennis Courts, 1509 Hood Lane. Students need to bring a racquet and a new can of balls to the first class meeting. For more tennis information contact Austin Wynne at 214.668.1619.

Pee Wee Tennis

Designed to create eye/hand coordination while learning basic techniques.

Ages: 3-6 yrs

Sessions / Fee: 05, 06, 07, 08 / \$30

Day / Time / Code:

Sat / 8:30-9:00 AM / 707740

Junior Beginner

This class is designed for the student interested in learning the technique of each tennis stroke. Each class will be divided by skill level.

Ages: 6-15 yrs

Sessions / Fee: 05, 06, 07, 08 / \$75

Day / Time / Code:

Wed / 5:30-6:55 PM / 710251

Sat / 9:00-10:25 AM / 710750

Junior Advanced Beginner

This class is designed for advanced beginner/intermediate players wanting to improve their skills.

Ages: 6-15 yrs

Sessions / Fee: 05, 06, 07, 08 / \$75

Day / Time / Code:

Sat / 10:30 AM-12:00 PM / 707704

Junior Intermediate

This class is designed to offer strategy to those players competing at school or in tournaments.

Techniques will continue to be developed. Players must know the scoring system.

Ages: 6-15 yrs

Sessions / Fee: 05, 06, 07, 08 / \$75

Day / Time / Code:

Tue / 5:30-6:55 PM / 710350

Junior Advanced

Designed for the serious student with prior instruction. Strategy, technique and point situations will be stressed.

Ages: 6-15 yrs

Sessions / Fee: 05, 06, 07, 08 / \$75

Day / Time / Code:

Thur / 5:30-6:55 PM / 710550

Tournament Tough

This class is designed for high school level players (JV & Varsity). This class will emphasize strategies used in tournament competition (Zats/Champs).

Sessions / Fee: 05, 06, 07, 08 / \$75

Day / Time / Code:

Tue / 7:00-8:25 PM / 710351

Wed / 7:00-8:25 PM / 710352

Thur / 7:00-8:25 PM / 710353

Package Rate - Tues., Wed., & Thur.,
7-8:25 PM 710354 \$150

All Summer Camp • Class Bundle

Code / Fee: 710360 / \$400

Summer Tennis Camps

All tennis camps take place at the Dove Park Tennis Courts, 1509 Hood Lane.

Pee Wee

Mon-Thur 10:00-10:25 AM 4-7 yrs

Code / Fee: 703950 / \$25

Designed to create eye/hand coordination while learning basic techniques.

Junior Beginner

Mon-Thur 10:30-11:55 AM 6-15 yrs

Code / Fee: 703951 / \$80

Designed to teach all basic strokes in a fun, easy-to-learn manner.

Junior Beginner Tennis & Swim

Mon-Thur 10:30 AM-1:25 PM 6-15 yrs

Code / Fee: 703952 / \$100

Includes one and a half hours of tennis instruction, a half hour lunch and one hour at Dove Water Park. Bring a sack lunch and swim suit each day.

Junior Adv. Beginner/Intermediate

Mon-Thur 8:30-9:55 AM

Code / Fee: 703953 / \$80

Designed for students with prior instruction. Technique and strategy will be stressed.

Tournament Tough

Mon-Thur 8:30-9:55 AM

Code / Fee: 703957 / \$80

Junior Varsity/Varsity level players

TNT Select

Tue, Wed & Thur only 1:00-2:30 PM

Code / Fee: 703960 / \$60

Varsity level players/qualified players

Tennis Camp Session Dates:

Session	Dates	Session	Dates
11	Jun 8-11	16	Jul 20-23
12	Jun 15-18	17	Jul 27-30
13	Jun 22-25	18	Aug 3-6
14	Jul 6-9	19	Aug 10-13
15	Jul 13-16	20	Aug 17-20

Note: Any rainouts will be made up on Friday. All tennis students need to bring a racquet and an unopened can of balls to the first day of camp.

Adult Classes:

Adult Beginner

Designed to teach the basic strokes and techniques. Strategy will be discussed if applicable.

Ages: 15 yrs & up

(or High School Level)

Sessions / Fee: 05, 06, 07, 08 / \$75

Day / Time / Code: (lower courts)

Wed / 7:00-8:25 PM / 710252

Adult Advanced Beginner

Ages: 15 yrs. & up

Sessions/Fee: 05, 06, 07, 08 \$75

Day / Time / Code:

Thur / 7:00-8:25 PM / 710551

Adult Women Classes:

Beginner

Ages: 18 yrs & up

Sessions / Fee: 05, 06, 07, 08 / \$75

Days / Times / Codes:

Wed / 11:00 AM-12:30 PM / 710451

Fri / 11:00 AM-12:30 PM / 710652

Advanced Beginner/ Intermediate

Ages: 18 yrs & up

Sessions / Fee: 05, 06, 07, 08 / \$75

Days / Times / Codes:

Wed / 9:30-10:55 AM / 710450

Fri / 9:30-11:00 AM / 710650



OUTDOOR RECREATION

Friday Night Fireworks Paddle

Join us for an exhilarating night of outdoor beauty and explosive entertainment, ongoing every Friday from Memorial Day to Labor Day. Beginning with a leisurely paddle on the eastern coast of Grapevine Lake, you will see beautiful wildlife and rock formations before tying on at Rockledge Park to watch fireworks light up the night's sky. Enjoy the weekly fireworks display in a new way, high above your head and reflected off the glassy water from the comfort of a kayak.

ALL EQUIPMENT PROVIDED. WATER BOTTLES ENCOURAGED.

Group Limit: 10 participants • 2 instructors

For more information visit discoverkayak.com or call 972.369.9506

Site: Rockledge Park, Grapevine Lake

Time / Day: 7:00-9:45 PM, Fridays

Age/Fee: 12+, waiver must be signed by parent or guardian if a minor, \$39

Dates: Every Friday, Memorial Day thru Labor Day
Paddling Lessons, Tours and Rentals also available!

RISE Adaptive Sports

Kicking Off the Summer Bash

An outdoor adventure experience for the physically challenged.

Enjoy the physical, mental and social benefits of weekly recreational programs. Sample the latest in adaptive equipment; water skiing, jet skiing, sailing, kayaking, fishing, hand cycling, remote control sailboats, quad rugby, basketball, face painting, and many more fun activities. This event is FREE for qualified participants and their families.

Complimentary food, beverages and live music will be provided. RISE Adventures is a non-profit charitable organization. For more information on participation, sponsorship, or volunteering, please visit riseadventures.org or call 469.762.5075.

Day / Date / Time: Sat, May 30 / 9:00 AM-3:00 PM

Location: Meadowmere Park, 3000 Meadowmere Lane

Looking for more outdoor recreation opportunities on Grapevine Lake?! Contact one of these Parks & Recreation Partners for more adventure.

ATKids Adventure Day Camps

Date / Time: Jun 8-Aug 21 / 9:00 AM – 4:30 PM

Ages: 4-13

Site: Meadowmere Park, Grapevine Lake

Cost: \$230/week

Camp duration is one week, early and late drop-off/pick up available. Fee includes snacks, drinks, materials, t-shirt, cup and photo CD. For registration and more information, visit adventuredaycamps.com or contact Jennifer Patterson at 972.741.9169.

Introduction to Fly Fishing - NEW!

This introductory course will take the most novice fishing enthusiast and turn you into a seasoned fly fisherman. Following a systematic curriculum, Introduction to Fly Fishing will take you through the basics of equipment, forward casting and back casting will ample hands-on experience and instruction from a veteran fly fishing instructor. Register at The REC or at playgrapevinereg.com. ALL EQUIPMENT PROVIDED.

Location: Pickering Park Pavilion, 1901 N Kimball Ave.

Time / Day: 6:30-7:30 PM / Tue

Dates: April 7, 14, 21, 28

Age / Fee: 15+ / \$55

Code: 703805

Sailing Camps

grapevinejuniorsailing.org – 972.672.4018

Day Camp for Young Sailors

Campers will learn the joy of sailing. We will teach them the basics of how to sail as well as the parts and proper care of a boat. The sessions have been developed to accommodate all levels of students. From beginners with no experience to kids that have taken the camp previously. Campers should bring a U.S. Coast Guard approved life jacket. Register for the July Camp and save. Campers may register for multiple camp sessions.

Day Camp for Young Sailors • Session 10

Date / Time: Jun 8-19 (two wks, Mon-Fri) / 9:00 AM-4:00 PM

Ages / Code: 7-16 / 703954-10

Site / Fee: Scott's Landing Marina, Grapevine Lake / \$495

Day Camp for Young Sailors • Session 11

Date / Time: Jun 22-Jul 3 (two wks, Mon-Fri) / 9:00 AM-4:00 PM

Ages / Code: 7-16 / 703954-11

Site / Fee: Scott's Landing Marina, Grapevine Lake / \$495

Day Camp for Young Sailors • Session 12

Date / Time: Jul 6-17 (two wks, Mon-Fri) / 9:00 AM-4:00 PM

Ages / Code: 7-16 / 703954-12

Site / Fee: Scott's Landing Marina, Grapevine Lake / \$495

Race Camp for Optimist Sailors

Campers will learn the joy of racing sailboats. This camp is for both the beginning and advanced racer using the Optimist Sailboat. Campers should have completed at least one session of the recreational camp prior to attending. The camp is geared towards juniors that want to move into the racing program or who have been on the racing team. Campers will learn the racing rules of sailing, boat speed and basic racing tactics. After successfully completing this camp, campers may join the racing team and will be qualified to participate in the Junior Olympic Event in July. Call for more details.

Date / Time: Jun 8-19 (two wks, Mon-Fri) / 9:00 AM-4:00 PM

Ages / Code: 7-16 / 703954-10

Site / Fee: Scott's Landing Marina, Grapevine Lake / \$495

Race Camp for Laser / 420 Sailors

Campers will learn the joy of racing sailboats. This camp is for both the beginning and advanced racer using the Lasers and 420's. Campers should have completed at least one session of the recreational camp prior to attending. The camp is geared towards juniors that want to move into the racing program or who have been on the racing team. Campers will learn the racing rules of sailing, boat speed and basic racing tactics. After successfully completing this camp, campers may join the racing team and will be qualified to participate in the Junior Olympic Event in July. Call for more details.

Date / Time: Jun 8-19 (two wks, Mon-Fri) / 9:00 AM-4:00 PM

Ages / Code: 7-16 / 703954-10

Site / Fee: Scott's Landing Marina, Grapevine Lake / \$495

GOLF PROGRAMS

Grapevine Golf Course

Contact the Golf Shop (817.410.3377) or visit us at GrapevineGC.com for more detailed information on our upcoming camps and programs. Private instruction is available. Call the Golf Shop for pricing and availability.

Junior Programs

Free Junior Play Days

Every Tuesday June 9 through July 28

Junior Club Championship: Tuesday August 4

Summer Camps:

Junior Camp #1	Wed-Thur-Fri	Jun 24-25-26	9:00-11:00 AM
Junior Camp #2	Wed-Thur-Fri	Jul 15-16-17	9:00-11:00 AM
Junior Camp #3	Wed-Thur-Fri	Jul 29-30-31	9:00-11:00 AM
Junior Camp #4	Wed-Thur-Fri	Aug 19-20-21	9:00-11:00 AM

Shawn Humphries Junior Golf Academy (12 month Academy)

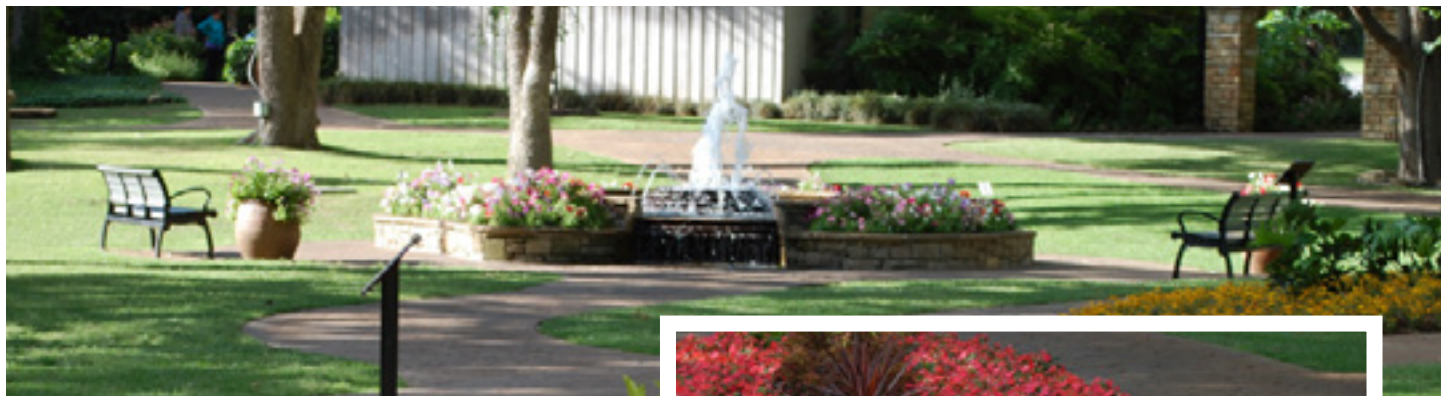
www.shawnhumphries.com

Get Golf Ready Ladies Programs

April (Wed)	Apr 1,8,15,22	6:30-8:00 PM
May (Wed)	May 6,13,20,27	6:30-8:00 PM
June (Wed)	Jun 3,10,17,24	6:30-8:00 PM
July (Wed)	Jul 1,8,15,22	6:30-8:00 PM
August (Wed)	Aug 5,12,19,26	6:30-8:00 PM
September (Wed)	Sept 2,9,16,23	6:30-8:00 PM
October (Wed)	Oct 7,14,21,28	6:30-8:00 PM

Couples Golf

Apr 19	Sun	4:30 PM
May 17	Sun	4:30 PM
Jun 21	Sun	4:30 PM
Sept 20	Sun	4:30 PM
Oct 18	Sun	4:30 PM
Nov 22	Sun	4:30 PM



GRAPEVINE BOTANICAL GARDENS

Heritage Park • 411 Ball Street, Grapevine, TX

Survive and Thrive

Grapevine Garden Club Annual Spring Plant Sale

Saturday, Apr 18 • 8:00 AM-1:00 PM
Grapevine Botanical Gardens
Heritage Park, 411 Ball Street

Featuring drought tolerant plants, heirloom perennials, and butterfly nectar and host plants appropriate for our area. All proceeds go to civic projects and scholarships. For more information, please visit www.grapevinegardenclub.org.

National Public Garden Day

Friday, May 8 • 10:00 AM-6:00 PM
Join us as we celebrate the role Public Gardens play in the community. Stumble upon “stand alone” activities designed to foster education and stewardship.

Tour the Garden

Docent led tours of the Garden are available at no charge; however, donations are appreciated. Adventure tours can be created for your group to reinforce specific areas of study or achievement programs. For more information, please call 817.410.3350.

2015 Spring/Summer Children's Programs

Pre registration is required. \$5.00 per child.

EARTH DAY

Learn how to take care of the earth. Create a craft from reused materials. This session includes a story time.

Site: Grapevine Botanical Gardens
Pewitt Pavilion
Ages: 3-6 (max 15, min 4)
Day/Date/Time: Tue, Apr 14
4:00-4:45 PM
Code: 304707-04
Cost: \$5.00/child

BUTTERFLY GARDEN

Create and design a mini butterfly garden. Learn the life cycle of a butterfly and how to make it feel at home. This session includes a story time.

Site: Grapevine Botanical Gardens
Pewitt Pavilion
Ages: 3-6 (max 15, min 4)
Day/Date/Time: Tue, May 19
4:00-4:45 PM
Code: 304708-04
Cost: \$5.00/child

CRICKET TALK

Look at live crickets and learn how they make sound. This session includes a story time and making a cricket craft.

Site: Grapevine Botanical Gardens
Pewitt Pavilion
Ages: 3-6 (max 15, min 4)
Day/Date/Time: Tue, Jun 16
4:00-4:45 PM
Code: 304709-05
Cost: \$5.00/child

DIGGING DIRT

Learn about soil and what it is made from. We will create art from sand. This session includes a story time.

Site: Grapevine Botanical Gardens
Pewitt Pavilion
Ages: 3-6 (max 15, min 4)
Day/Date/Time: Tue, Jul 21
4:00-4:45 PM
Code: 304710-05
Cost: \$5.00/child



KEEP GRAPEVINE BEAUTIFUL (KGVB)

The award winning KGVB programs include bi-annual waterway and park clean-ups, recycling and hazardous waste events, park renovation and beautification projects, corporate and small business team building outings and grant funding to GCISD schools. KGVB welcomes privately scheduled outings with businesses, scout, church or school groups.

KGVB is an approved, non-profit organization that supports school district community service requirements. Join us for informative monthly meetings on the first Monday at 7:00 PM at the Bessie Mitchell House.

For more information, please visit kgvb.org or Facebook: Keep Grapevine Beautiful, Twitter @KGVBTexas or contact Mendie Schmidt at 817.410.3490 or at mschmidt@grapevinetexas.gov.

Sustain The Vine...a Business Ambassador Initiative

Sustain the Vine is a new initiative specifically designed for the businesses of Grapevine. The goal of the program is to foster awareness and encourage participation in activities and programs that will reduce the amount of natural resources consumed, non-recyclable waste produced, and reduce the production of pollutants of all kinds.

The key purpose of the Sustain the Vine scorecard is to inform and educate. Businesses will be asked to answer a series of questions to help determine how they are doing in the area of sustainability. At the end of the questionnaire, a numerical score, a ranking and links to information to help learn about sustainable practices in the workplace will be provided. Businesses can request comparison data of other participating businesses. All participants in the program will receive recognition on the KGVB website, a certificate suitable for framing and a window decal declaring their participation in the program and the level achieved. To request inclusion in this program, email lori.p.clark@gmail.com.

Don't Mess With Texas Trash-Off

April 11 • 8:00 AM-12:00 PM

The Don't Mess With Texas Trash-Off serves as Texas' signature event for the Great American Cleanup, the nation's largest community improvement program. Volunteers hit the streets and trails to collect trash and recycling. This community-wide cleanup event ends with a celebration lunch, including prizes and more! Preregistration for this event begins on March 6. For more information, call 817.410.3490 or email mschmidt@grapevinetexas.gov.

EPIC Earth Day 2015

April 18 • 9:00 AM-2:00 PM

The 2015 EPIC Earth Day will be held on April 18 at the Grapevine Botanical Gardens (411 Ball Street), and will feature the following attractions:

- **Recycle Alley:** Sponsored by Verizon, participants will have an opportunity to bring e-waste from 9:00 AM to 1:00 PM for recycling: computers, mobile phones, laptops, etc. Free goodies will be provided to the first 200 recyclers.
- **Vendor Expo:** Vendors and community groups will be on hand to showcase Earth-friendly products and services.
- **Alternative Transportation Fair: *New this year!*** The fair will feature interactive opportunities to learn more about alternative modes of transportation. Demonstrations will include Electric Vehicles and bicycles.
- **Kid Eco-Play Area:** Includes fun kids' activities like face painting and a bounce house, along with a chance to plant vegetables and herbs in the children's garden.
- **KGVB Pavilion Plaza:** Learn more about how we keep Grapevine beautiful.

Check www.kgvb.org for vendor updates and a schedule of events. For more information or for volunteer, vendor or sponsorship opportunities, contact Mendie Schmidt at 817.410.3490 or mschmidt@grapevinetexas.gov.



ACTIVE ADULTS 55 & BETTER

Transportation

The REC provides transportation for Grapevine residents 55+ years of age to and from The REC, Monday through Friday. Also provided and scheduled by The REC are opportunities for transportation to the bank, post office, grocery shopping, mall shopping and various activities and special events. Daily transportation reservations are required by 2:00 PM the preceding day.

Lunch

Senior Citizen Services of Greater Tarrant County, Inc. (SCS) provides hot lunches that supply one-third of the RDA at 12:00 PM, Monday through Friday. For those under 60, the cost of the meal is \$6. For those 60+ and their spouse, the meal is available for a suggested contribution of \$2. Reservations are required 24 hours in advance.

Health & Nutrition Education

Educational programs provided by health care professionals. Blood pressure checks provided by Woodridge at Grapevine Health and Rehabilitation.

Senior Movers

This volunteer-based program assists with the medical and dental transportation needs of the local senior population. Riders must be pre-registered, give 48-hour notice of need and require very minimal assistance. For information about this program, please call 817.410.3465.

Friends of the Grapevine Senior Activities Center (FOGSAC)

Tax deductible donation for this 501(c)3 organization are used to improve technology, to supplement recurring programs and to further educational opportunities for active adults 55+ at The REC. For more information, please call 817.410.3465.

NETS

The Northeast Transportation Service is operated by Catholic Charities for adults age 60 and over, the disabled and/or the transportation disadvantaged. Call NETS at 817.336.8714.

Project Cell Phone-911

This project places donated, usable, deactivated cellular phones into the hands of adults 55+ to be used, at no charge, for emergencies only. Cell phones and their chargers may be donated and/or adults 55+ may pick up a cell phone at The REC.

Volunteers

There are many opportunities available to teach classes, provide transportation for medical needs and much more. For more information, please call 817.410.3465.

Field Trips

Culture Club, Museums, Plays, Concerts, Exhibits, Festivals, Shopping, Mall Walking and more are offered. For more information, please call 817.410.3465.

Special Events

Holiday Celebrations, Dances, Tournaments, Income Tax Preparation Assistance, Benefits Counseling and more!

Grapevine Senior Citizens Advisory Board

This City Council-appointed Board meets the first Tuesday of each even-numbered month at 3:30 PM to address senior issues in our community. This is an open meeting. Changes or cancellations will be posted on grapevinetexas.gov.

Newsletter: The Grape Affair

Grapevine residents age 55 or better who would like to receive the monthly newsletter by mail, please call 817.410.3465. To receive via email, contact us at pardinfo@grapevinetexas.gov.

Oil Painting • FREE

Designed for the novice as well as the advanced artist. Work on independent projects and receive guidance from a qualified teacher. Day / Time: Tue / 10:00 AM

55 Fit

A fun, social class with a little bit of everything including a warm up, aerobic exercise and a cool down that helps improve flexibility, balance, endurance, and coordination. Bring a water bottle to class.

Days / Time: Mon, Wed, Fri / 11-11:50 AM

Yoga Lite

This class incorporates standing and sitting poses to improve flexibility, range of motion and balance. Relaxation techniques and focused breathing helps to calm us and to seek an inner joyfulness. Bring a water bottle to class.

Day / Time: Thur / 1:00-1:50 PM

Card Making Classes

Make a unique handmade card each week using a variety of techniques.

Day / Time: Mon / 1:00 PM

Culture Club

Teaming with Artreach-Dallas Inc., we offer a variety of trips to symphonies, plays, musicals and concerts. Become a member any time.

Annual membership:
Jun 1, 2015 – May 31, 2016
Fee: \$10 per year

T'ai Chi

No-impact exercise combining gentle, fluid movements and thoughtful concentration to create the total mind, body and spirit workout.

Day / Time: Mon & Fri / 9:30 AM

Computer Classes

Many topics are covered in class for the beginner to the advanced.

Registration: Aug 3, Sept 28
Walk-Ins: 9:00 AM-12:00 PM
Call-Ins: 1:00-2:00 PM

Water Aerobics

Dates/Time: Mon & Wed, Tue & Thur
8:00-8:50 AM

Strength Training

A great class designed for active adults 55+ to help promote bone density, strength and flexibility. A fun, motivating class with various exercises that will make a difference and are age and multi-level appropriate. Sitting and standing exercises are used for a fun, healthy, overall workout. Beginners to advanced will enjoy this class.

Days/Time: Mon & Wed, 1:00 PM

Fraternal Order of Plaid Shirts (FOPS)

Join a group of gentlemen who fraternize once a month and enjoy a variety of tours and lunch.

Days / Time: Varies
Please call 817.410.3465 for schedule.

Go Go Girls from Grapevine

A variety of field trips planned exclusively for women on the go! Join the fun!

Days / Time: Varies
Please call 817.410.3465 for schedule.



ACTIVE ADULTS 55 & BETTER SCHEDULE

ALPHABETICAL SCHEDULE

AARP Driver Safety (registration required)	Call 817.410.3465 for schedule
Advisory Council Participants Meeting	First Thur at 12:30 PM
Aquatics	Mon-Fri from 8:00-11:00 AM
Bank and Post Office Transportation	First week of each month
Bingo	Tue at 1:00 PM
Birthday Party (reservations required)	First Tue of each month at 11:45 AM
Blood Pressure Checks	First and Third Tue at 9:00 AM
Bridge	Tue at 10:00 AM
Card Making	Mon at 1:00 PM
Ceramics	Fri at 10:00 AM
Chair Exercise	Tue-Fri at 9:45 AM
Chorus (call for details)	Thur at 10 AM
Computers (must pre-register)	Registration: Aug 3, Sept 28
Culture Club	Jun 1, 2015-May 31, 2016
Cycling with Megan	Thur at 10:30 AM
Fitness Room	Mon-Fri from 8:00-11:00 AM
Fraternal Order of Plaid Shirts (FOPS)	Call 817.410.3465 for schedule
Go-Go Girls from Grapevine	Call 817.410.3465 for schedule
Grapevine Shopping (Wal-Mart, Target, etc.)	Wed at 9:45 AM
Grocery Shopping	Wed at 12:45 PM
Jewelry Making	Thur at 10:00 AM
Knitting	Wed at 10:00 AM
Line Dancing	Thur at 1:00 PM and 2:00 PM
Mah Jongg	Mon at 1:00 PM
Music Jam	Mon at 9:30 AM
Oil Painting	Tue at 10:00 AM-12:00 PM
Quilting	Wed at 10:00 AM
SCS Hot Lunches*	Mon-Fri at 12:00 PM
55 Fit	Mon, Wed, Fri at 11:00 AM
Yoga Lite	Thur at 1:00 PM
Strength Training	Mon & Wed at 1:00 PM
T'ai Chi	Mon & Fri at 9:30 AM
Walking Track	Mon-Fri from 8:00-11:00 AM
Water Aerobics	Mon & Fri, Tue & Thur from 8:00-8:50 AM

*reservations required; suggested contribution \$2

WEEKLY SCHEDULE

MONDAY

8:00 AM: Water Aerobics
8:00-11:00 AM: Walking (indoor)
8:00-11:00 AM: Fitness Room
9:30 AM: Music Jam
9:30 AM: T'ai Chi
11:00 AM: 55 Fit
1:00 PM: Card Making
1:00 PM: Strength Training
1:00 PM: Mah Jongg

TUESDAY

8:00 AM: Water Aerobics
8:00-11:00 AM: Walking (indoor)
8:00-11:00 AM: Fitness Room
9:45 AM: Chair Exercise
10:00 AM: Oil Painting
10:00 AM: Bridge
1:00 PM: Bingo

WEDNESDAY

8:00 AM: Water Aerobics
8:00-11:00 AM: Walking (indoor)
8:00-11:00 AM: Fitness Room
9:45 AM: Chair Exercise
9:45 AM: Grapevine Shopping
10:00 AM: Bridge
10:00 AM: Knitting
10:00 AM: Quilting
11:00 AM: 55 Fit
12:45 PM: Grocery Shopping
1:00 PM: Strength Training

THURSDAY

8:00 AM: Water Aerobics
8:00-11:00 AM: Walking (indoor)
8:00-11:00 AM: Fitness Room
9:45 AM: Chair Exercise
10:00 AM: Jewelry Making
1:00 PM: Yoga Lite
1:00 PM & 2:00 PM: Line Dancing

FRIDAY

8:00-11:00 AM: Walking (indoor)
8:00-11:00 AM: Fitness Room
9:30 AM: T'ai Chi
9:45 AM: Chair Exercise
11:00 AM: 55 Fit

SPECIAL EVENTS

Fourth Friday Films

Beginning on May 22, join Grapevine Parks & Recreation for a new series, Fourth Friday Films! Grab your blankets, lawn chairs, family and friends and get outside to enjoy a movie together! This five week series will showcase a different park or pool and show a movie on our brand new 3-D capable screen! We will start the movies around dusk each month. Movies will be free and family-friendly. Follow us on social media for updates on each month's movie.

May 22	Parr Park
Jun 26	The Park at The REC
Jul 24	Dove Waterpark (pool admission required)
Aug 28	Heritage Park
Sept 25	Trawick Pavilion

Find more information on playgrapevine.com or by calling 817.410.3398.

007--Mother Son Bonding

Experience the heroic and thrill filled world of the best James Bond adventures! This event is filled with daring missions to thwart villainous plots, Q's newest and coolest spy gadgets, fast cars and explosive action where mother and son save the day. Always dressed to impress, 007 is the secret agent who always beats the bad guy and saves the beautiful girl (that's you mom!). Join us for a fun and delicious evening--shaken, not stirred--at a new location where the action doesn't stop until the credits role. Tickets are on sale and available for purchase at The REC, by calling 817.410.3450 or at playgrapevine.com. Space is limited.

Site: Compass Center, 4201 Pool Road
Date: Friday, May 1
Fee: \$12 per person
Time / Code: 7:00-9:00 PM / 709753-3



Mom & Me Tea, Derby Days

Moms and their daughters are off to the races to celebrate Mother's Day weekend! Wear your big hats and pretty dresses and enjoy fun activities while relaxing with your daughter(s). Our annual Mother's Day tea will be a special day for you and your daughter to spend time being girly and creating memories together. Professional photos will be available for an additional fee. Tickets are on sale and available for purchase at The REC, by calling 817.410.3450 or at playgrapevine.com. Space is limited.

Site: Botanical Gardens at Heritage Park, 401 Ball Street
Date: Saturday, May 9
Fee: \$10 per person
Time / Code:
9:30-11:00 AM / 709754-10
1:00-2:30 PM / 709754-11
3:30-5:00 PM / 709754-12

The GrapeYard and Aftermath Volunteer Opportunities

Calling all volunteers - alive or undead! Looking for a frighteningly fun opportunity for community service hours or group fundraising? Grapevine Parks & Recreation will once again host The GrapeYard & Aftermath events on October 23-24, and we need your help. If you have a civic group, boy scout/girl scout troop, team or tribe who wants to get involved and is looking for volunteer opportunities, contact Mendie Schmidt at 817.410.3490 or mschmidt@grapevinetexas.gov for more information.



LAKE PARKS



Meadowmere Park 3000 Meadowmere Lane

This park boasts over 200 acres of recreational opportunities with everything from primitive camping sites, kayak rentals, designated swim beach, state-of-the-art play structure, picnic shelters, bbq grills, Segway tours and ample open space. Our camping sites allow for two tents per site, 6 campers, and plenty of space between sites allowing for a remote camping experience. Please call the park office at 817.488.5272 to make reservations.

Rockledge Park 3600 Pilot Point

This premier photo shoot location offers views of breathtaking bluffs, beaches, and sunsets over the lake. Don't forget about the large rental pavilion, walking/ biking trails, on-site park store, picnic tables, and incredible views of the Friday night and July 4 fireworks shows. To schedule a photo shoot, \$50 per hour (one hour minimum), contact Sheila Rich at srich@grapevinetexas.gov. For more information, visit playgrapevine.com. Fee: \$5 car entrance fee

The Vineyards Campground & Cabins on Grapevine Lake

1501 North Dooley Street

Camping is always fun, but we invite you to enjoy the Texas outdoors in the spring/summer with our climate-controlled cabins. Wake up on the shores of Grapevine Lake while still having all the comforts of home. Go hiking, fishing, swimming, kayaking, trail exploring or simply lounge on your cabin's porch and enjoy the views of this nationally award winning park. With cabins that accommodate two to six people, the whole family can participate in the fun! All cabins are fully-furnished with linens, stove*, microwave, refrigerator, dishes, cable tv, Wi-Fi and more. The Vineyards Campground & Cabins also has ample space for your RVs with spots for all size rigs. Reserve online at vineyardscampground.com or call the campground for best available dates at 817.329.8993. *Excluding duplex unit.

Lake Grapevine annual park passes are sold at The REC of Grapevine, The Vineyards Campground & Cabins, Meadowmere Park and Rockledge Park. These annual passes are great gifts!

PARKS ADDRESSES

9/11 PLAZA
2 Texan Trail

ACORN WOODS
1000 Oak Grove Loop S.

AUSTIN OAKS PARK
528 Austin Creek Dr

BANYAN PARK
350 Banyan Drive

BEAR CREEK PARK
3230 South State Hwy. 360

BELLAIRE PARK
1004 Pine Street

**BIG BEAR CREEK
NATURE PRESERVE**
3010 Parr Lane

**BOTANICAL GARDENS
AT HERITAGE PARK**
411 Ball Street

CANNON ELEMENTARY
1300 W. College

CASEY'S CLUBHOUSE
1509 Hood Lane

C.J. HUTCHINGS PARK
1201 Cable Creek Drive

CLUCK PARK
312 Central Drive

COMMUNITY OUTREACH
3010 Mustang Drive

**CONVENTION CENTER &
LIBRARY**
1201 Municipal Way

**CROSS TIMBERS MIDDLE
SCHOOL**
2301 Pool Road

DOVE WATERPARK
1509 Hood Lane

DOVE CROSSING PARK
1701 Stoneway Drive

**DOVE ELEMENTARY
SCHOOL**
1932 Dove Road

**FAITH CHRISTIAN
SCHOOL**
730 E. Worth

**FAITH CHRISTIAN
SCHOOL PARK**
500 Austin Street

GLADE CROSSING PARK
512 Westbury Drive

GLADE LANDING PARK
5201 Brettenmeadow Drive

GRACE PARK
610 Shady Brook Drive

HAZY MEADOWS PARK
4300 Hazy Meadows Drive

HERITAGE CENTER
701 S. Main Street

**HERITAGE ELEMENTARY
SCHOOL**
4500 Heritage Road

HERITAGE PARK
200 Ball Street

HIGHPOINT PARK
4121 Freeport Parkway

**HORSESHOE TRAILS
PARK**
2099 Hood Lane

JACKSON PAVILION
3501 Pavilion Place

KATIE'S WOODS PARK
1700 Katie's Woods Drive

LAKE POINTE PARK
1150 West Dove Loop Road

LAKEVIEW PARK
3850 Lakeview Drive

LIBERTY PARK
215 S. Main Street

MEADOWMERE PARK
3000 Meadowmere Lane

MEADOWMERE SOCCER
3295 W. Perch Lane

MCPHERSON SLOUGH
1400 Horseshoe Trail E.

**OAK GROVE BALLFIELD
COMPLEX**
2520 Oak Grove Loop South

**OAK GROVE SOCCER
COMPLEX**
1299 Oak Grove Loop North

**OAK GROVE SOFTBALL
COMPLEX**
2700 Dove Loop Road

OAK RIDGE PARK
2590 Juniper Lane

PARKWOOD PARK
1901 Woodcreek Drive

**PARR PARK AND
SPRAYGROUND**
3010 Parr Lane

PECAN PARK
4200 Halmont Drive

PICKERING PARK
1901 Kimball Road

PLEASANT GLADE POOL
1805 Hall-Johnson Road

THE REC
1175 Municipal Way

ROCKLEDGE PARK
3600 Pilot Point

SAND BASS POINT
399 Sand Bass Drive

SHADOW GLEN PARK
1815 Altacrest Drive

**SILVERLAKE
ELEMENTARY SCHOOL**
1351 N. Dooley

**SUNSHINE HARBOR
PARK**
821 Dawn Lane

**TIMBERLINE
ELEMENTARY SCHOOL**
3220 Timberline Road

TOWN SQUARE
325 S. Main Street

TRAWICK PAVILION
2700 Darren Medlin Trail

**THE VINEYARDS
CAMPGROUND &
CABINS**
1501 N. Dooley Street

WALL-FARRAR PARK
W.D. Tate & State Hwy 360

**YORKSHIRE MEADOWS
PARK**
2710 Whitby Lane

BOAT RAMPS

DOVE LOOP RAMP
3000 Dove Loop Road

KATIE'S WOOD'S RAMPS
1899 Katie's Woods Loop

LAKEVIEW RAMP NORTH
3099 Island View Drive

LAKEVIEW RAMP SOUTH
2150 Lakeview Drive

**MCPHERSON SLOUGH
RAMP**
2500 Catfish Lane

**MEADOWMERE LANE
RAMP**
3013 Meadowmere Lane

**MEADOWMERE PARK
RAMP (LOW WATER)**
3000 Meadowmere Lane

SAND BASS POINT RAMP
399 Sand Bass Drive

SCOTT'S RAMP
1999 Farris Branch Drive

TRAWICK RAMP
2799 Darren Medlin Trail

THE VINEYARDS RAMP
1501 North Dooley Street

REGISTRATION INFO

Registrations will be processed on a first-come, first-serve basis. No early registrations will be accepted.

ONLINE REGISTRATION

Register online at playgrapevine.com. You must have a user ID and password, which may be obtained at The Rec of Grapevine. Visa or MasterCard required for payment. Due to fee structure, some classes may not be available on-line. Due to fees not being discounted online, HERO recipients cannot register via the Internet.

PHONE-IN REGISTRATION

Households that have previously registered for Parks and Recreation programs, and are therefore already in our computer system, may register by phone. Payment must be made with Visa or MasterCard. Memberships may not be processed over the phone. Please have your Play Grapevine guide and credit card available to expedite registration. Please call 817.410.3450 for phone-in registrations.

FAX-IN REGISTRATION

Please fax completed registration form to 817.410.3498. Include Visa or MasterCard number and expiration date. Available 24 hours a day. Please call 817.410.3450 for confirmation that fax was received.

DROP-OFF REGISTRATION

Available at The REC of Grapevine. Include registration form and payment in a sealed envelope marked "Playbook." Registrations will be processed the following business day.

MAIL-IN REGISTRATION

Must be received prior to the last day of registration unless otherwise stated. Please mail the completed registration form and payment to:

"Playbook"

P.O. Box 95104 • Grapevine, TX 76099

WALK-IN REGISTRATION

Will be accepted at The REC of Grapevine

REFUNDS

Your satisfaction is important to us! If you are not completely satisfied with your class, please notify us. The following are general guidelines for refunds:

- 1) A refund may be prorated dependent upon the date of the request. Refunds must be requested prior to the midpoint of that session.
- 2) All requests for refunds will be reviewed by staff.
- 3) A Refund Request Form must be completed in person or with a staff member via telephone. Forms may be obtained at The Rec of Grapevine.
- 4) Refunds will be refunded back to the credit card charged and applied to the household account for future use, or processed and a check returned. No cash refunds.

CANCELLATIONS

All programs must have a minimum number of participants in order to be conducted. If a program does not meet this minimum no later than 48 hours prior to the program start date, the class may cancel/combine or make any revisions necessary. A full refund will be processed and mailed. Please allow 3-weeks for refund.

PLAYER'S NOTICE

Participants must recognize that all classes/activities of a physical nature involve some risk, and by registering for a class/activity of this nature, there is an assumption of risk by the participant. The City of Grapevine Parks & Recreation Department is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff and instructors. Every effort is made to ensure the safety of the participants and to provide them with first-class leisure activities, facilities and parks. In the event of a serious accident or illness, it is the policy of the City of Grapevine to:

- 1) Contact Grapevine Fire Department Emergency Services to perform first aid, and when necessary, recommend transportation to a hospital.
- 2) Reach the parent and/or legal guardian as soon as the situation allows.

LAKE PARKS ANNUAL PASSES

Purchase yours today at The Vineyards Campground and Cabins (1501 North Dooley St), Meadowmere Park (3000 Meadowmere Ln), and Rockledge Park (3600 Pilot Point). These calendar year passes provide holders use of all nine public boat ramps in Grapevine and access to Meadowmere and Rockledge Parks.



31st Annual Main Street Fest

PRESENTED BY BANK OF THE WEST

May 15, 16 & 17

Celebrate Craft Beer Week and enjoy craft brews. Dance to non-stop entertainment, seek out your favorite festival food and shop the day away. Main Street Fest is a fun-filled festival perfect for the entire family. Visit GrapevineTexasUSA.com/MainStreetFest for details.

7th Annual SummerBlast Throughout Grapevine

May 22-September 7

(Memorial Day weekend through Labor Day weekend) Grapevine, a one-of-a-kind summer destination, offers exciting activities for visitors and locals alike. From weekly fireworks, summer markets and festivals to Lake Grapevine and amazing hotel offerings, Grapevine truly is the premier summer destination of North Texas.

33rd Annual Fireworks Extravaganza Over Lake Grapevine

July 4 • 9:30 PM

See fireworks light up the sky over Lake Grapevine. The fireworks will be launched off the shores of Oak Grove Park at 9:30 PM, but the blasts can be viewed from many lakeside locations.

First Friday & Classic Film Series

Palace Theatre, 300 S. Main St.

Enjoy a movie in the Historic Palace Theatre. Ticket prices are \$6 per person. For more information, visit Palace-Theatre.com or call 817.410.3100.

Nash Farm Activities & Events

Nash Farm, 626 Ball St.

Grapevine's Historic Nash Farm offers year-round fun for the entire family. Visit the website for a full listing of special events, First Friday and Frugal Farm Wife programs at NashFarm.org. Some events require pre-registration and have limited space.

Grapevine Vintage Railroad

Cotton Belt Depot, 705 S. Main St.

Hop aboard the Grapevine Vintage Railroad and step back in time to the 19th century. Visit GVRR.com for full schedule, pricing and seating details.

Grapevine Market

Liberty Park, 215 S. Main St.

Thur & Sat through October 17 • 9:00 AM–2:00 PM

Come experience open-air, European-style shopping in Historic Downtown Grapevine.

Grapevine Farmers Market

Town Square Gazebo, 325 S. Main St.

Thur, Fri & Sat through October 17 • 8:00 AM–4:00 PM

Enjoy locally grown produce from local, regional and Texas farmers. For produce information, visit FarmersMarketOfGrapevine.com.

* All events subject to change. For more information about Grapevine special events and festivals, please call 817.410.3185 or visit GrapevineTexasUSA.com.



goals
memories
games
resolutions
play
learning

LET THE BEGIN.

THE REC
OF GRAPEVINE

RECREATION | EDUCATION | COMMUNITY

www.TheREC.com